

LEARNING ABOUT & PREPARING FOR THE

# *Sacrament of Penance*

*“The whole power of the sacrament of Penance consists in restoring us to God’s grace and joining us with him in an intimate friendship.” - Catechism of the Catholic Church, 1468*

LEARNING ABOUT THE SACRAMENT	
Video/Audio	Print
<ul style="list-style-type: none"> <li>• <a href="#">Confession</a> by Fr. Larry Richards (FORMED)</li> <li>• <a href="#">Confession: Answering Common Objections</a> by Dr. Scott Hahn (FORMED)</li> <li>• <a href="#">Confession: Forgotten Sacrament</a> (FORMED)</li> <li>• <a href="#">Forgiven: The Blessings of Confession</a>, for Children (FORMED)</li> <li>• <a href="#">Confession is a Place of Victory</a> with Fr. Mike Schmitz (YouTube)</li> <li>• <a href="#">Reconciliation</a>, a humorous, but informative guide to Confession (Youtube)</li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">A Guide to the Sacrament of Penance</a> (Site)</li> <li>• <a href="#">Why do I need the Sacrament of Reconciliation and Penance? How does it help me?</a> (Site)</li> </ul>

PREPARING FOR THE SACRAMENT	
Video/Audio	Print
<p><b>For Children &amp; Parents:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Forgiven - For Children: How to Make a Great Confession</a> (FORMED)</li> <li>• <a href="#">Forgiven - For Parents: Preparing Your Child for Confession</a> (FORMED)</li> </ul> <p><b>For Adults:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">How To Go To Confession</a> (YouTube)</li> <li>• <a href="#">Hey, Father! What if I’m afraid to go to confession?</a> (YouTube)</li> </ul>	<p><b>For Children:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Let the Children Come: The Sacrament of Reconciliation and Children</a> - Contains Examination of Conscience (Site)</li> </ul> <p><b>For Adults:</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Examinations of Conscience</a> (Site)</li> <li>• <a href="#">A Guide to Confession</a> (Graphic)</li> </ul>

[St. Ambrose Confession Times](#)

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