



St. Ambrose Catholic Church

3901 Woodburn Road, Annandale, Va. 22003 (703) 280-4400

Sponsor Eligibility Statement

Baptism is a sacrament of initiation that brings a person into union with Christ as a member of the Catholic Church. Confirmation is also a sacrament of initiation that strengthens and perfects our union with Christ and his Church. A sponsor represents the Catholic Church at Baptism or Confirmation, and then serves as a role model for the person by living a fully Christian life. Please note that sponsors must themselves be baptized. Sponsors should be at least 16 years of age and should have received the Sacraments of Baptism, Confirmation and Eucharist. Sponsor's current lifestyle should be in accord with the Catholic faith.

TO BE COMPLETED BY SPONSOR

Please check all statements that apply: My life bears witness to my readiness for this role.

- I am a baptized and currently practicing Catholic at least 16 years of age.
- I have received the sacrament of Confirmation.
- If married, I was married in the Catholic Church. If not, I'm not living with anyone.
- I am a registered member of my parish.
- I regularly attend Mass on Sunday.
- I am open to the living Word of God in Sacred Scripture and the Church.
- I try to live my life according to Gospel values even when they conflict with the value systems of our culture and society.
- I intend to encourage him/her in the practice of the Catholic faith by my word and my example.

The statements I have checked above are true.

My full name (printed) _____

My Signature _____

Name and Address of my parish _____

My home address _____

Name of person being baptized or confirmed: _____

I verify that _____ (sponsor's name) has attested that the above is true.

Parish Seal

Pastor (please print)

Pastor Signature/Date



CONFIRMATION LETTER OF INTENT

In renewing my baptismal vows, I profess my Catholic faith in the Creed and renounce Satan. It is my intent in both faith and practice to embrace the *entire* law of Christ contained in the Catholic Church; which includes being faithful to the teachings of the Holy Father in regard to issues of faith and morals (i.e. issues such as abortion). I promise to follow the precepts of the Church both now and after Confirmation.

Confirmation Candidate's Printed Name

Confirmation Candidate's Signature

Date

Precepts of the Church

1. To hear Mass on all Sundays and Holy Days of Obligation.

The holydays are: Jan. 1 – Solemnity of Mary; 40 days after Easter – Ascension Thursday; Aug. 15 – Assumption of Mary; Nov. 1 – All Saints' Day; Dec. 8 – Immaculate Conception; Dec. 25 – Christmas

2. To fast and abstain on the days appointed.

The Church's current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday, and abstinence from meat on the Fridays during Lent. Every Friday is a day of sacrifice. We are obliged to make a sacrifice every Friday. This could be the traditional practice of abstinence from meat or another sacrifice.

3. To confess our sins at least once a year in the sacrament of Penance.

4. To receive Holy Communion worthily during the Easter Season.

To receive Holy Communion worthily, one must: observe the Eucharistic Fast of one hour before receiving Holy Communion; be in the state of grace and believe that Holy Communion is the true Body, Blood, Soul and Divinity of our Lord and Savior, Jesus Christ.

5. To contribute to the support of the Church.

6. To observe the laws of the Church concerning marriage.

As the parent of a Confirmation Candidate, I promise to fully assist in my child's preparation for the Sacrament. I promise that my child will continue to study the Catholic Faith and will regularly attend Mass and receive the Sacrament of Penance before and after Confirmation.

Parent's Signature

Date

CONFIRMATION DATA FORM (PLEASE PRINT CLEARLY...THIS FORM IS USED FOR OFFICIAL INFORMATION)

Candidate's Name: _____ **Confirmation Saint Chosen:** _____
(Saint's name chosen as patron by the candidate; to be used by the bishop while anointing candidate's head with chrism.)

BAPTISMAL INFORMATION:

(The information below is to be taken from your child's Baptismal Certificate)

Baptismal Name: _____

Date of Birth: _____

Place of Birth: _____

Parents' Names (Please write the names as they appear on the Baptismal Certificate)

Father's Name: _____ **Mother's Name:** _____

Date of Baptism: _____ **Church of Baptism:** _____

Baptism Location: _____
Street Address City and State Zip (or Country Code)

Date of First Communion: _____ **Location of First Communion:** _____

CONFIRMATION SPONSOR INFORMATION

Sponsor Name: _____ **Sponsor Address:** _____

Sponsor's Parish: _____ **Location:** _____

Relationship of Sponsor to Candidate: _____

PROXY INFORMATION* (This section only applies if your Candidate's Sponsor needs a Proxy to stand-in at the actual Confirmation Mass.)

Proxy Name: _____ **Proxy's Parish/City/State:** _____

CANDIDATE'S FAMILY CURRENT INFORMATION

Home Address: _____
Street City and State Zip

Phone Numbers: _____
Home Cell

Work

Email Addresses: _____
primary additional if desired

WORKS OF MERCY

The Corporal and Spiritual Works of Mercy are charitable acts by which we come to the aid of our neighbor in his spiritual and bodily necessities. – Catechism of the Catholic Church, 2447

CORPORAL WORKS OF MERCY

Feed the Hungry – serve a meal at Christ House; serve a Lenten Soup Supper at St. Ambrose; pack meals for the St. Lucy Project with Catholic Charities

Give Drink to the Thirsty – giving a baby a bottle; serving drinks at the table

Shelter the Homeless – volunteer at a shelter for the homeless; clean up church grounds

Visit the Sick – visit those who are in the hospital, nursing homes or are homebound

Visit the Imprisoned – write letters to those who are in prison; give gifts to children of those who are in prison

Bury the Dead – visit a cemetery and pray for the deceased; care for cemetery grounds by cutting grass, weeding, placing flowers or wreathes on graves, etc.

Give Alms to the Poor – raise money to donate to an organization that serves those who are in need, i.e. a crisis pregnancy center

SPIRITUAL WORKS OF MERCY

Counsel the Doubtful – witnessing to the love of God in your actions so that others may see and know Him

Instruct the Ignorant – teach the faith to others; go on a mission trip

Admonish the Sinner – lead by example in living the faith as a follower of Christ; invite others to “go and sin no more” and experience Jesus’ salvation (John 8:11)

Comfort the Sorrowful – spend time listening to someone who is grieving; cook a meal for someone who is facing hard times; write a letter or send a card to someone who is suffering

Forgive Injuries – go to Confession and encourage others to do so as well; pray the Divine Mercy Chaplet

Bear Wrongs Patiently – pray for those who persecute you, or who persecute others

Pray for the Living and the Dead – attend a Mass offered for a friend or loved one; pray for the souls in purgatory; pray the rosary; spend a Holy Hour before the Blessed Sacrament

SERVICE HOURS FOR CONFIRMATION CANDIDATES
St. Ambrose Catholic Church

Name of Candidate: _____

Please list all the service hours below. Verification of these service hours can be obtained by the signature of the person who received the service.

Date of Service	Nature of Service (Prayer, Service to St. Ambrose, or Service to Community)	Explanation of Service	No. of Hours	Signature of Service Recipients

I verify that I have performed the above projects _____
 Signature of Confirmandi

My child discussed the above projects with me _____
 Signature of Parent

Letter to the Pastor Requesting the Sacrament of Confirmation

Please write from your heart. The letter should be personal and unique.
It should be typed, single spaced using Times New Roman font, size 12.

Date

Very Rev. Andrew Fisher
St. Ambrose Catholic Church
3901 Woodburn Road
Annandale, VA 22003

Dear Father Fisher,

Paragraph 1: Introduce yourself. Say something about your family or your background.

Paragraph 2: Request the sacrament. Give several reasons why you would like to be confirmed and how you have prepared for the sacrament. Talk about your prayer life, your celebration of other sacraments (going faithfully to Sunday Mass), etc.

Paragraph 3: Tell about your patron saint. How did you pick that saint and why? What do you admire most about that saint?

Paragraph 4: Tell who your sponsor for Confirmation is and why you chose them.

Paragraph 5: Which of the Gifts of the Holy Spirit do you have special need of right now? Why do you feel you need those particular gifts?

Paragraph 6: Thank Fr. Fisher for being able to recommend that you be confirmed. Let him know that he can be assured of your prayers for him.

Faithfully yours in Christ,

[Your signature in pen]

[Your first and last name typed]

Confirmation Patron Saint Essay

The Candidate takes a new name (in addition to the baptismal name) as a reminder that he/she is under the protection of another patron saint, who is now his/her special advocate before God and to follow this exemplary model of Christian life, remaining steadfast until death.

Essay Requirements

The essay should be a minimum of FIVE paragraphs (Introduction, 3 supporting paragraphs, and a conclusion). Be sure to include ALL of the points below.

- Saint's Feast Day and place of birth (if known)
- Life History – How did the saint spend his/her life? What heroic virtues did he/she demonstrate? Why is he/she a saint? How did he/she die? When?
- Of what is he/she the patron?
- What impressed or struck you the most about this saint? Why did you choose this saint to be your patron?
- How will this saint help you to be a stronger witness for Jesus Christ?
- Please use Times New Roman, size 12 font.
- Be sure to put your name on the top or bottom.
- Compose a personal prayer to your patron saint and put that at the end of your essay. For example: *Saint Ambrose, you converted many to the Faith and inspired them to live lives of holiness. Help me to do the same. Through Christ our Lord. Amen.*