



Prayer, Fasting and Works of Mercy

Please join the **Knights of Columbus** for a
Men's Lenten Retreat
with
Reverend James Hinkle, Chaplain, US Navy

Saturday, FEB 24
9:00 am – 12:00 pm
St. Ambrose Catholic Church

9:00am Holy Mass and Novena to Our Lady of the Miraculous Medal

Followed by light refreshments in the Parish Hall and lunch

Presentation on Spiritual Combat
begins in Parish Hall at 10:00 am

Open to all men. Please join us during Lent to grow in your
faith and **bring a friend!**

No cost. Donations are appreciated.
Questions: michaelcoss09@gmail.com or Parish Office 703-280-4400