

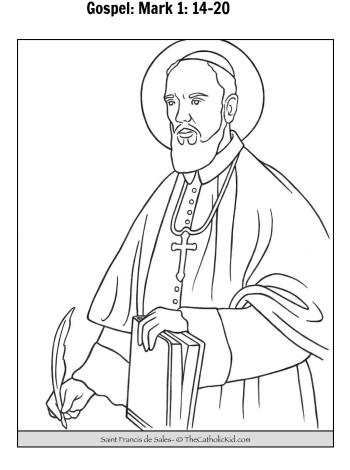
Sunday, January 21, 2024

Born in 1567, **Saint Francis de Sales** studied for many years before he determined that he wanted to become a priest. In 1602, he became Bishop of Geneva. He was known for his patience, kindness, and mild manner. He lived a simple life in order to better provide for those in need. Together with Saint Jane de Chantal, he founded The Institute of the Visitation of the Blessed Virgin. This group "through works of mercy, practiced the virtues Mary exemplified when she visited her cousin, Elizabeth humility, piety, and charity." Saint Francis de Sales wanted everyone to know that they could become saints, no matter who they were. Saint Francis de Sales is the patron saint of writers, journalists, and the deaf. We celebrate his feast day on January 24th.

Saint Francis de Sales, pray for us! (ref: https://mycatholickids.com/)

"Have patience with all things, but first of all with yourself."

-Saint Francis de Sales



FAMILY TIME

At the dinner table, in the car, we talk about our faith, wherever we are!



FAMILY DISCUSSION: In today's Gospel both Simon and his brother Andrew, James and his brother John immediately stop what they are doing to go and follow Jesus. Think of how compelling Jesus' presence must have been to spur such action! They realized how important the Kingdom of God was.

- What would be a reason you might immediately stop what you were doing to go do something else? When someone is sick? Calls for help?
- Are there distractions in your current family life that are keeping you from the Kingdom of God? Are there things in your daily schedule that you might need to "drop" in order to focus on what is important? (Ref. Loylapress.com)

Psalm 25

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Α	Р	0	G	S	S	G	I	J	S	Α	D	W	С
U	Α	Н	E	N	С	0	G	U	Р	S	Α	N	0
D	U	T	S	R	E	0	Α	S	G	U	N	L	M
L	S	S	R	M	S	D	U	Т	Т	J	L	R	Р
G	Ε	Ε	Ε	Ε	0	N	Т	I	Н	0	S	Ε	Α
G	D	S	N	Н	Α	Ε	Ε	С	G	U	N	J	S
Т	I	S	N	D	Α	S	Α	Е	I	N	M	Т	S
U	U	Н	I	G	I	S	С	Т	R	S	R	U	Ι
N	G	Ε	S	S	С	Р	Н	0	Р	М	Α	В	0
R	Н	K	U	0	0	J	С	Р	U	S	0	I	N
R	L	G	C	N	Ι	Ι	N	Ι	N	T	Ι	G	0

GUIDE
GOODNESS
HUMBLE
SINNERS
UPRIGHT
TEACH
JUSTICE
COMPASSION
TRUTH
KNOWN



Play this puzzle online at : https://thewordsearch.com/puzzle/6501719/

Let us Learn

Thriving in Parenting



We will all have to face that day when our kids are no longer under our supervision. How can we be sure at that moment that our kids are equipped with everything they need to make good decisions and succeed in the future? To start answering that question, we first consider what it means to thrive as human beings and individuals.

(16 min., Formed)

The Conversion of Saul is a fresco painted by Michelangelo Buonarroti

The Conversion of St. Paul January 25th

Before he became Saint Paul, he was Saul, born a Roman citizen into a Jewish family. He hated Christians and believed the teachings of Jesus violated Mosiac law. He was even a bystander in the killing of St. Stephen, the first martyr. On the road to Damascas to find and persecute Christians. Paul was struck down by a bright light. He heard the voice of Jesus saying, "Saul, Saul, why are you persecuting me?" After Saul was healed by Ananias, he was immediately baptized and started to proclaim the Good News. This change shocked and even angered the people who knew him. Paul was abused and jailed several times but he never gave up his mission. In the end, he was taken to Rome where he was beheaded.

"This man is a chosen instrument of mine to carry my name before Gentiles, kings and Israelites" (Acts 9:15)