

Sunday, February 4, 2024

Saint Scholastica was born around 480 in Italy. She was the twin sister to Saint Benedict, founder of the Benedictine Order. She established a convent nearby and although the siblings loved spending time with each other, they only were able to see each other once a year. One day, as their day of prayer was ending, Scholastica begged Benedict to spend more time with her. He refused, as a rule of his order meant that he needed to return to his monastery. Scholastica prayed to God and then a storm forced him to stay. Benedict is said to have exclaimed, "What have you done?" and Scholastic replied, "I asked a favor of you, and you refused it. I asked it of God, and He has granted it!" We celebrate the feast of Saint Scholastica on February 10. Saint Scholastica, pray for us!



Gospel: Mark 1:29-39

FAMILY TIME

At the dinner table, in the car, we talk about our faith, wherever we are!



In this week's Gospel, we see Jesus heal Simon's (Peter's) mother-in-law, heal more sick people, drive out demons, retreat to a deserted place to pray, and go forth to continue preaching and healing.

FAMILY DISCUSSION:

- Lent is approaching, a time to prepare and repent and grow closer to the Lord. In what ways are we hoping he will heal us?
- The Gospel says Jesus knew all the demons and did not permit them to speak. In what ways is it comforting to know that everything that causes us sorrow or torment is known by Jesus? Nothing we face can surprise or disappoint or confuse the Lord. He always knows just how to help us! Let's ask Jesus to search our hearts and help us.
- Jesus prays before preaching and healing. How do we need to make prayer a priority so God's grace can help us serve others better?

Psalm 147: "Praise the Lord, who heals the brokenhearted."



GATHERS GOOD GRACIOUS HEALS MIGHTY NAME POWER PRAISE SING STARS



Let us learn...

Would you like to learn more about St. Scholastica and St. Benedict? Check out the resources below:



KIDS

FORMED: Littlest Saints -Sts. Benedict and Scholastica



PARENTS

FORMED: St. Scholastica-Holy Women You Never Heard Of

Holy siblings and holy families change the world!



Saint Agatha was an Italian saint born in Catania, Italy (in Sicily) in 231. She was so dedicated to giving her life entirely to Jesus that she refused to marry Quintianus, a Roman prefect in charge of the law in the area. Because of her refusal, Quintianus had Agatha tortured and killed her for her faith. She died in 251, at the age of 21, and is an early martyr of the church. She is patroness of Catania, where she lived, and also of breast cancer patients, bakers, and is invoked to protect against fire, earthquakes, and eruptions of Mount Etna, a volcano in Italy. We celebrate the feast of Saint Agatha on February 5th.

Saint Agatha, pray for us!