



A WEEKLY NEWSLETTER FOR THE KIDS OF ST. AMBROSE

Sunday, February 5, 2023

Gospel: Matthew 5:13-16

Saint Josephine Bakhita was born in Sudan but was kidnapped and enslaved when she was about 8 years old. During her young life, she was bought and sold many times and endured terrible treatment. Finally, when she arrived in Italy, she met the Canossian Sisters and, with their help, Josephine found both God and freedom. Once she was free, she decided to become a nun and spent the rest of her life dedicated to God and praying for the people of Africa. Her feast day is February 8th. Saint Josephine Bakhita, pray for us!

“Be good, love the Lord, pray for those who don’t know Him. What a great grace it is to know God!”

- St. Josephine Bakhita



FAMILY TIME

*At the dinner table,
in the car,
we talk about our faith,
wherever we are!*



This week’s Gospel reminds us that we are each given skills, talents, and faith that we should not hide from but cultivate and share with the world as God intended.

LITTLE ONES: Jesus tells us that we are the light of the world. If we hide that light, nobody will be able to see it. Think of ways you can show others who you are and what you believe.

BIGGER ONES: Salt was a valuable commodity back in Jesus’ time and had many uses. But if salt went stale, it lost its flavor. Has your prayer routine gone stale? If so, challenge yourself to set aside a quiet time every day to pray quietly.

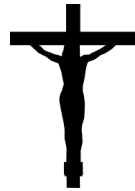
FAMILY CHALLENGE: Consider all the talents and skills of the members of your family. Take turns going around the table sharing what you admire about your family members.

Psalm 112:

“The just man is a light in darkness to the upright.”

L	G	N	E	H	I	G	S	T	H	E	A	R	T
H	G	F	P	N	R	C	N	H	E	F	R	S	U
T	G	T	U	G	D	R	H	U	L	E	T	R	G
U	A	L	A	R	E	U	S	U	U	H	S	I	T
H	J	U	O	A	S	E	R	R	I	U	T	H	H
H	I	E	T	R	E	T	D	E	H	R	N	G	G
F	R	T	R	E	Y	S	I	R	F	E	R	E	I
O	L	U	U	S	S	G	T	S	F	H	R	T	R
G	I	R	S	J	R	E	E	A	A	O	G	U	P
U	G	T	T	M	E	R	C	I	F	U	L	R	U
H	H	I	I	H	I	L	A	U	I	N	T	L	A
R	T	G	N	T	T	J	U	S	T	I	C	E	S
U	E	T	G	O	S	H	I	N	E	S	Y	T	C
D	E	T	S	A	F	D	A	E	T	S	R	F	U

STEADFAST
 UPRIGHT
 GLORY
 HEART
 MERCIFUL
 LIGHT
 JUSTICE
 ENDURE
 SHINES
 TRUSTING



Play this puzzle online at : <https://thewordsearch.com/puzzle/4337440/>

“I am the Immaculate Conception”

On Saturday, February 11, we celebrate the Feast of Our Lady of Lourdes, remembering the 18 appearances Our Lady made to St. Bernadette, a young French girl, in 1958.

Check out this page that highlights 5 facts about the apparitions of Our Lady of Lourdes.



Read & Draw: Today’s First Reading (Isaiah 58:7-10) teaches that our light will increase when we focus on caring for and helping others. Re-read this passage to look for suggestions of how we can help others. Draw yourself helping someone in need.

