



A WEEKLY NEWSLETTER FOR THE KIDS OF ST. AMBROSE

Sunday, February 11, 2024

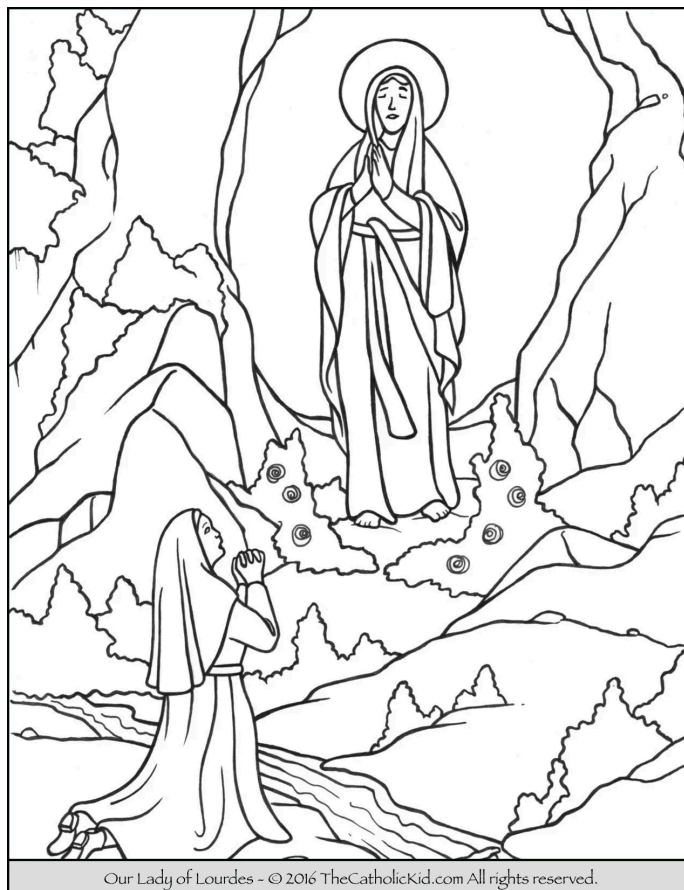
Gospel: Mark 1:40-45

Mary, Jesus' Mother, has appeared to many people over time. In 1858, she appeared to a fourteen year-old girl named Bernadette and the title we give Mary when she appeared is Our Lady of Lourdes. One day, Bernadette went out with her sister and a friend to collect firewood. She heard a noise by a cave and when she went to investigate, she saw a beautiful lady dressed in white with a blue sash and roses at her feet. Many people teased and laughed at Bernadette and thought she was making it up. However, the lady appeared to Bernadette 18 times and when a spring miraculously appeared, many doubters began to believe and some people even were healed by the water. We celebrate **Our Lady of Lourdes** on February 11. **Our Lady of Lourdes, pray for us!**

(Ref: TeachingCatholicKids.com)

Oh my Mother, to you I sacrifice all other attachments so that my heart may belong entirely to you and to my Jesus.

-Saint Bernadette



Our Lady of Lourdes - © 2016 TheCatholicKid.com All rights reserved.

FAMILY TIME

*At the dinner table,
in the car,
we talk about our faith,
wherever we are!*



In this week's Gospel, we see Jesus' compassionate healing of the leper. We can learn quite a lot from the leper's interaction with the Lord.

FAMILY DISCUSSION: The leper humbly says, "If you wish, you can make me clean," showing Jesus that he truly believes in the Lord's saving power but also that he must yield to the will of the Lord, not his own.

- How can we imitate this in our own prayer, asking for what we need but always humbly yielding to God's will for us?

The leper, in his excitement, disobeys Jesus and spreads the good news of his healing, making Jesus' work much harder to accomplish.

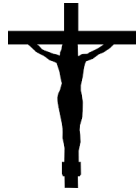
- Sometimes we may make assumptions about what Jesus wants us to do to build up the Kingdom. However, we must remember that he has a plan! We shouldn't get in the way. How can we better listen to what he wants first, and then act or not act?

Psalm 32: "I turn to you, Lord, in time of trouble,
and you fill me with the joy of salvation."

W W P Q D J X K J U H X J H T L H J
 R D X P X N U F U Y R E J O I C E Y
 A J H S J U S T C O V E R E D X V J
 W V C I S P I R I T H B T D A F H P
 E E J M U W Q I L X E X L L U G D B
 X L H P P B W N G E A V G E R Y A Y
 U U H U R G L A D M R L G R S B W I
 L F W T I I D P T T T Y E C L S R O
 T F A E G X W X X T G R Q Z E C E Z
 F V L S H C O N F E S S F S I N C D
 E L Q P T K G T A W W M N F P T P Q
 W R F O Z Z A G U I L T O T U H P L

BLESSED
 CONFESS
 COVERED
 EXULT
 GLAD

GUILT
 HEART
 IMPUTES
 JUST
 REJOICE



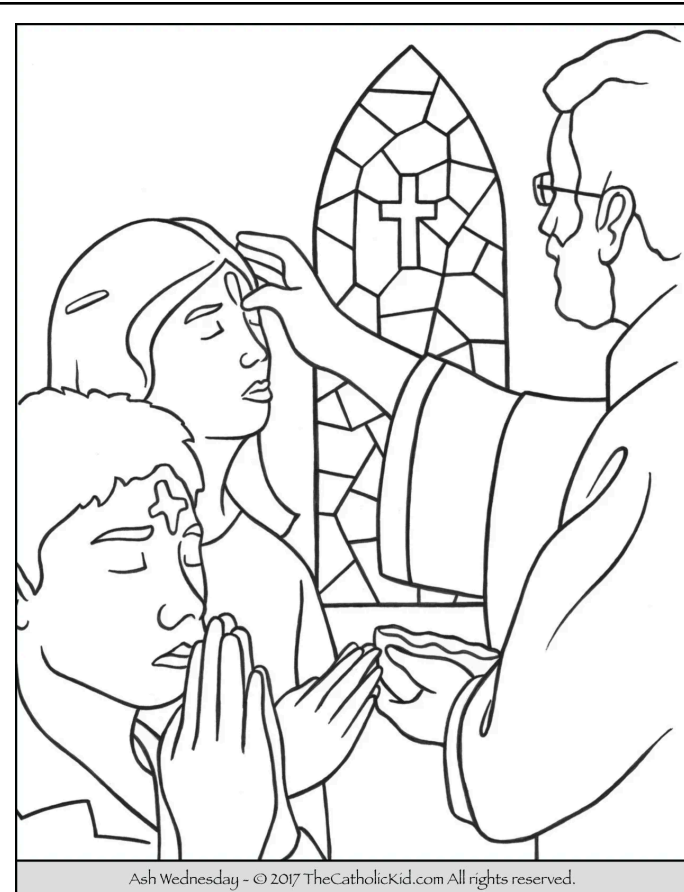
SIN
 SPIRIT
 UPRIGHT

Let us celebrate!

You may have heard of Fat Tuesday, Shrove Tuesday, Mardi Gras, or Carnival, but what do these terms for the Tuesday before Ash Wednesday mean to Catholics?

The word 'shrove' (from 'shrive') means 'absolve.' This is a day to examine our consciences, prepare for the penitential season of Lent, and celebrate God's mercy with treats on one last Feast Day before the Lenten fast begins.
(Ref: Dynamic Catholic)

Check out these traditional recipes for Fat Tuesday from 'Catholic All Year at Home with Kendra Tierney' on FORMED and your family, too, can have a "going away party for Ordinary Time."



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The Lent Song
 Tune of "Frere Jacques"

Prayer, Fasting, and Alms Giving,

Hands folded in prayer, hand on tummy,
 outstretched hands

We are meant to repent.

Knock on heart 3 times

40 days of sacrifice,

One hand with 4 fingers up, one hand in
 shape of zero

Being super, extra nice,

Bend arms at elbows and swing back and
 forth

This is Lent. This is Lent.

Right hand out like holding a tray, then
 same with left