



A WEEKLY NEWSLETTER FOR THE KIDS OF ST. AMBROSE

Sunday, February 25, 2024

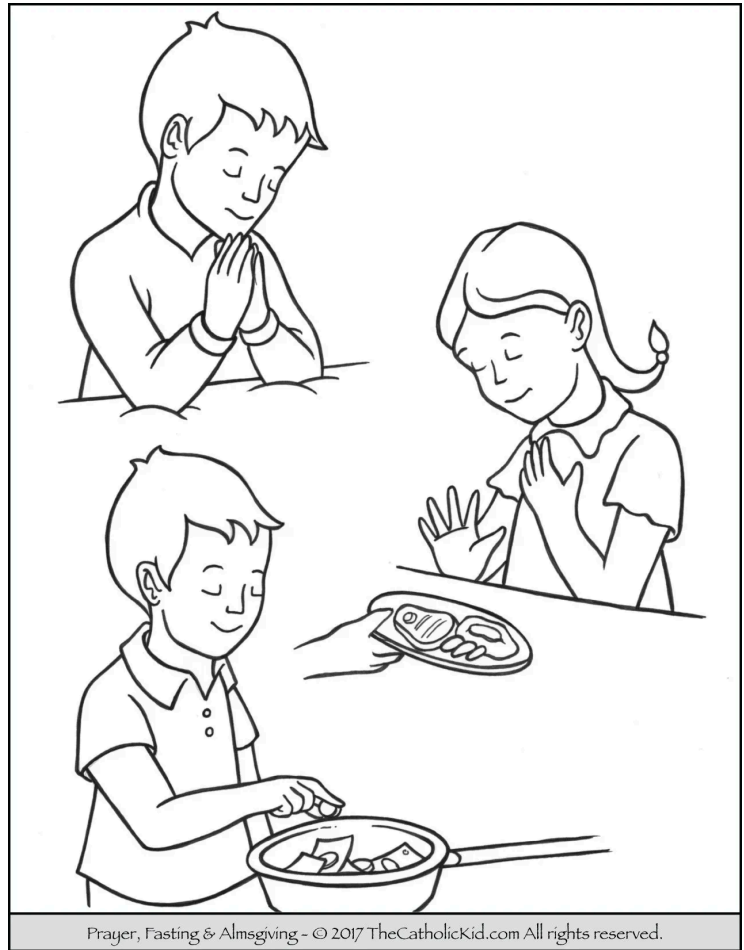
Gospel: Mark 9:2-10

Prayer, Fasting, and Almsgiving help us prepare our hearts, during Lent, for the passion, death, and resurrection of our Lord, Jesus Christ, and these things are not just for grown ups!

Although you are not required to give up meat on Fridays during Lent until you are 14 years old or fast between meals on Ash Wednesday and Good Friday until you are 18 years old, there are likely ways you can give up treats or non-food sacrifices to grow closer to the Lord.

Almsgiving is not always giving money. There may be ways you can donate food, material goods, or your time to serve others who are less fortunate.

Growing in prayer during Lent is an excellent way to grow closer to the Lord. Consider the ways you already pray throughout the day and think of additional ways to seek time with the Lord in prayer throughout Lent.



Prayer, Fasting & Almsgiving - © 2017 TheCatholicKid.com All rights reserved.

FAMILY TIME

*At the dinner table,
in the car,
we talk about our faith,
wherever we are!*



This week's Gospel shows the events of the Transfiguration. God announces that Jesus is his beloved son and we are to listen to him, and we see Jesus in all his glory as he will be on Easter! When we are in the desert of Lent, we find hope in and look forward to the Resurrection!

FAMILY DISCUSSION: Let's discuss what it means that God gave his beloved son to die for our sins and lead us to everlasting life through his Resurrection. And then together we pray:

O Christ, upon the mountaintop you let the light of your face shine over Moses and Elijah. We ask your blessing upon your people who call your name, who want to belong to the kingdom of light and life. Amen.

Source: The Southern Cross Magazine

**Psalm 116: "I will walk before the Lord,
in the land of the living."**

G P L A C T H A N K S G I V I N G D
 K S R O F Y J H A D U N I Z D N I P
 V B A E O F L E W R B R G E A H A R
 V B W C S S L V R W L H M W E A F E
 O U E M R E E I S U U O B V M N A C
 W P W L S I N D C E S Q R L D D I I
 S Z E I I G F C V T R A R D O M T O
 H D P Y M E K I E D E V L P U A H U
 F C A X E T V X C D Q D A E Z I F S
 D E A T H S Z E X E L N Y N M D U Z
 I E D B O N D S D T S L O I T N L V
 I F O T O Y B B M T H E T H U N M F

AFFLICTED
 BELIEVED
 BONDS
 DEATH
 EYES
 FAITHFUL

HANDMAID
 JERUSALEM
 LOOSED
 LORD
 PRECIOUS
 PRESENCE

SACRIFICE
 SERVANT
 THANKSGIVING
 VOWS



Lord, bless my parents!

Hey, Parents! There's a great new series on FORMED just for parents called 'The Catholic Parent.'

Do you ever feel like it's almost impossible to raise holy kids who love God (and sit still in Mass!) in our modern world? You're not alone. This six-episode series features real Catholic families like yours sharing their daily struggles and victories. Created by The Augustine Institute and Catholic Sprouts, The Catholic Parent aims to encourage you as a mom or dad as you embrace your God-given role to form your family in the richness of the Catholic faith.

Check out the first episode here:



Psalm 116
 2nd Sunday of Lent, Year B
 looktohimandberadiant.com

The Transfiguration gives us a glimpse of what it will be like to "walk before the Lord in the land of the living" (Psalm 116). Draw a picture of yourself walking with the Lord in the land of the living.