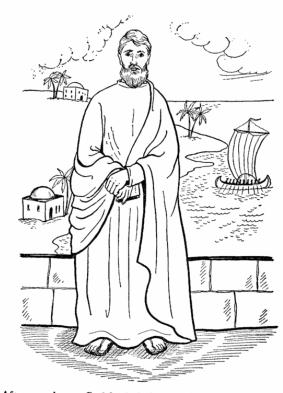
### Sunday, May 14, 2023

Saint Matthias the Apostle was selected as an Apostle of Jesus, by the other eleven, after Judas betrayed Jesus. Saint Matthias was born in Bethlehem, educated in law and the Old Testament and very disciplined. He had followed Jesus since his baptism and all through his public ministry. He received the Holy Spirit in the upper room" at Pentecost, and although there are many legends about Saint Matthias, the only things we know for sure are that he preached the Gospel and performed healings like the other Apostles, and he died a martyr's death while serving the Lord. We celebrate the feast of Saint on May 14. Saint Matthias, pray for us!

# "...it is in the darkest mysteries of the world that the brightest mysteries of heaven find occasion to shine forth."

- Sean Fitzpatrick, Catholic Answers (on St. Matthias' selection as Apostle after Judas' betrayal)

Gospel: John 14:15-21



After praying to God for help in selecting an apostle to take Judas Iscariot's place, the eleven apostles chose Matthias.

Coloring & Activity Pages by: Bible-Printables.com

# **FAMILY TIME**

At the dinner table, in the car, we talk about our faith, wherever we are!



In this week's Gospel, Jesus promises that those who love him will keep his commandments and that he will send the Holy Spirit to guide them. Jesus also promises that those who love him will be loved by the Father. In this passage, we see the beauty and unity of the Holy Trinity and the importance of loving Jesus and following his commandments.

**LITTLE ONES:** Which commandment is the hardest for you to follow? What could you do to do better? Ask Jesus to help you.

**BIGGER ONES:** It's important to remember that Jesus never stops loving us, even when we sin. The Sacrament of Reconciliation is designed to heal us and open us back up to the love the Lord is trying to shower upon us. Imagine you have to describe to someone who has never been to confession what it feels like when you leave the confessional and do your Penance. What would you say to them?

**FAMILY CHALLENGE:** Take turns sharing a time you knew you were loved by the Father or a time you felt the Holy Spirit at work!

#### Psalm 66: "Let all the earth cry out to God with joy."



DEEDS FOREVER GLORY JOYFULLY PRAISE PRAYER PROCLAIM REJOICE SHOUT SING



## Let us learn!

Jesus promised to send his Holy Spirit at Pentecost, which we celebrate in two weeks. We, too, receive the Holy Spirit in Baptism, but did you know that the Holy Spirit plays a special role in each of the Sacraments? The following lesson plan (from our own diocese) contains video about the 7 Sacraments, discussion questions, and a closing prayer. It is geared towards teens, but parents of

younger children can pause the video to explain each of the Sacraments and adapt the questions to suit the age of each child.



The Role of the Holy Spirit in the Sacraments

**PRAY AND WRITE:** Today's second reading (1 Peter 3:15-18) tells all of Jesus' followers (that's you!) to always be prepared to give a reason for why you are so joyful but that you should do it with gentleness. Sometimes those who don't know the Lord don't understand the joy, light, and love that shines from those who love him. **Read the daily prayer from Mother Teresa below, and then plan some things you might say to others who are curious about your joy, your hope, and your faith.** 

# Dear Jesus,

Help me to spread Thy fragrance everywhere I go. Flood my soul with Thy spirit and love. Penetrate and possess my whole being so utterly that all my life may only be a radiance of Thine. Shine through me and be so in me that every soul I come in contact with may feel Thy presence in my soul. Let them look up and see no longer me but only Jesus. Stay with me and then I shall begin to shine as you shine, so to shine as to be a light to others.

Amen.

