



A WEEKLY NEWSLETTER FOR THE KIDS OF ST. AMBROSE

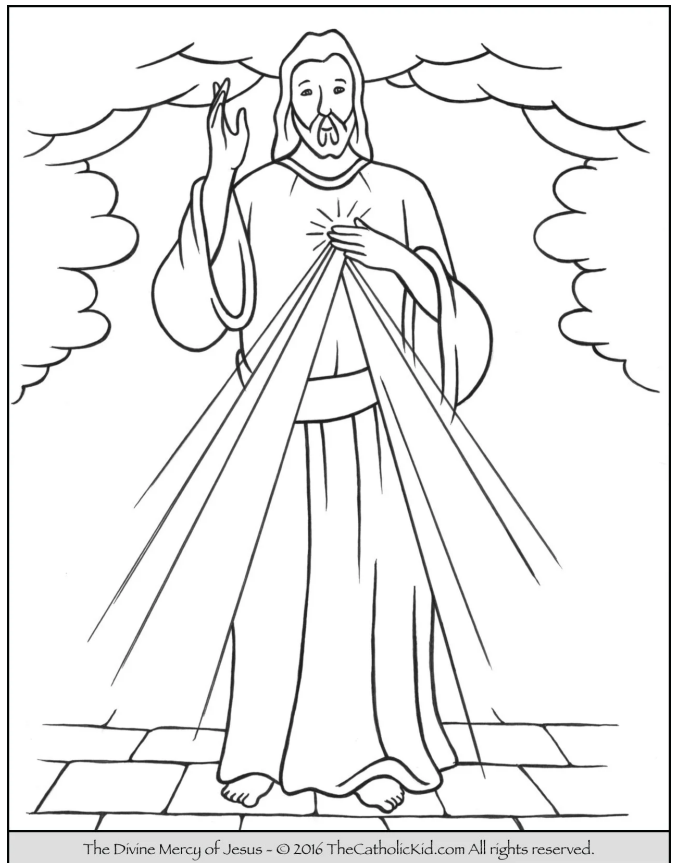
Sunday, April 16, 2023

Gospel: John 20:19-31

**Saint Anselm** was born in Italy in 1033. At first indifferent toward religion, he later became one of the Church's greatest theologians for his attempts to illuminate the truths of faith through reason. He entered a monastery in Normandy and eventually became abbot. He was known for his patience, gentleness, and teaching skill. In 1093 he was elected archbishop of Canterbury and disputed the ecclesiastical abuses of kings William II and Henry I. He opposed the slave trade and "obtained from the national council at Westminster the passage of a resolution prohibiting the sale of human beings." His most well known writing is *Cur Deus Homo* ("Why God Became Man"). We celebrate his feast day on April 21. **Saint Anselm, pray for us!**  
(Ref. franciscanmedia.org, www.anselm.edu)

*"For I do not seek to understand in order that I may believe, but I believe in order to understand. For this also I believe-that unless I believe I shall not understand."*

- Saint Anselm



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## FAMILY TIME

*At the dinner table,  
in the car,  
we talk about our faith,  
wherever we are!*



This week's Gospel tells of the disciples fearing for their lives only to be comforted by Jesus, and of Thomas believing only when he sees Jesus.

**LITTLE ONES:** How do your family or friends comfort you when you are afraid? After Jesus died, the disciples were afraid. They thought they may be killed too. Jesus tells them, "Peace be with you." Close your eyes, take some deep breaths, and imagine Jesus saying "Peace be with you" next time you are afraid.

**BIGGER ONES:** Do you think Thomas' response was reasonable? Discuss with friends or family. When Jesus was talking with Thomas, he was also talking to us. We are asked to believe in Jesus as our Lord and God, led by the witness of those who have gone before us in faith.

**FAMILY CHALLENGE:** Pray the Act of Faith together. (see other side)

**Psalm 118:**

**“Give thanks to the Lord for He is good, His love is everlasting.”**

L T A A U J A S C G J B X S Q C C E  
 T H A N K S T O Y D Y S Z V J L K V  
 C A A Z O S Z R U Y F T O I O S N E  
 C F S I Z X A B X S O R K C Y M G R  
 U V Q Y Y L F E E L R E F T F W A L  
 I C O U R A G E O I E N G O U Y A A  
 O O M B O F T Q R D V G C R L S R S  
 A L C K N G T G N L E T E Y A H O T  
 T W A D Y O L X H Y R H B M W O N I  
 W S W S S O K X I Y I Q N G F U O N  
 K J G P N D C A N S Q C V T E T A G  
 T M M L X D H L F L Z N E K P B S P

AARON  
 COURAGE  
 EVERLASTING  
 FOREVER

GOOD  
 JOYFUL  
 SHOUT  
 STRENGTH



THANKS  
 VICTORY

**Let Us Learn**



**Catholic in the Car!**

Do you and your family spend a lot of time driving from activity to activity?

Here are some ways you can live liturgically while in the car, written by Kendra Tierney of Catholic All Year.

Here's another great option for the car: "Catholic Sprouts Podcast: The Daily Podcast that strives to plant seeds of Faith" with brief, daily episodes.



**Divine Mercy Chaplet**

8. Repeat for four more decades, saying "Eternal Father" on the "Our Father" bead and then 10 "For the Sake of His sorrowful Passion" on the following "Hail Mary" beads.

Visit [TheCatholicKid.com](http://TheCatholicKid.com) for a complete list of prayers used in the Divine Mercy Chaplet.

9. At the conclusion of the five decades, on the medallion say the "Holy God," the concluding doxology, three times.

10. Say the optional Closing Prayer

7. Say 10 "For the sake of His sorrowful Passion" on the "Hail Mary" beads.

6. Say the "Eternal Father".

4. Say the "Hail Mary".

3. Say the "Our Father".

2. Say the optional opening prayer.

5. Say the "Apostles' Creed".

1. Make the Sign of the Cross.

How to Pray The Divine Mercy Chaplet - © TheCatholicKid.com

**Act of Faith**

**O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit. I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived.**

**Amen.**