

SAINT AMBROSE CATHOLIC CHURCH

February 8, 2026 | Fifth Sunday in Ordinary Time



WHERE THE CHURCH IS, THERE ARE HIS MYSTERIES
- SAINT AMBROSE -

**Reverend Andrew J. Fisher, Pastor
Reverend Michael T. Nugent, Parochial Vicar
Reverend Anthony Appiah, In Residence**

MASS SCHEDULE

Sunday | 8 am, 10 am, Noon, 5 pm
Monday - Friday | 7 am, 9 am
Saturday | 9 am, 5 pm (Vigil)
Holy Days | As announced

SACRAMENT OF PENANCE

Saturday | 9:30 am, 3 - 4 pm

MIRACULOUS MEDAL NOVENA

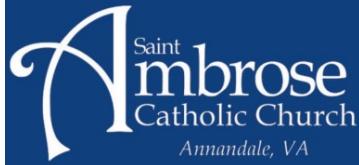
Saturday | After 9 am Mass

EUCARISTIC ADORATION

First Friday | 9:30 am - 7 pm (Benediction)

SAINT AMBROSE CATHOLIC SCHOOL

703-698-7171 | stambroseschool.org | info@stambroseschool.org



Welcome!

Whether you are a parishioner, a visitor, seeking a parish home, returning to the practice of your Catholic faith, or interested in learning more about the Catholic Church, we welcome you to St. Ambrose and invite you to become a member of our growing parish family.

PARISH OFFICE

Monday - Friday | 9 am - 4 pm
3901 Woodburn Road | Annandale, VA 22030
703-280-4400 | stambroseva.org
email: dvasilakos@stambroseva.org

CLERGY

Reverend Andrew J. Fisher, Pastor
frfisher@stambroseva.org

Reverend Michael T. Nugent, Parochial Vicar
frnugent@stambroseva.org

Reverend Anthony Appiah, In Residence
tonyapia50@yahoo.com

Ted Devlin, Permanent Deacon
tdevlin@stambroseva.org

STAFF

Donna Vasilakos, Parish Secretary
703-280-4400 | dvasilakos@stambroseva.org

Margaret Kelty, Administrative Assistant
703-280-4400 | mkelty@stambroseva.org

Carla Yaglou, Business Manager
703-280-4400 | businessmanager@stambroseva.org

Ratna Adinata, Bookkeeper
703-280-4400 | radinata@stambroseva.org

Dr. Aranzazu Ascunce, School Principal
703-698-7171 | principal@stamboseschool.org

Jennifer Wyse, Director of Religious Education
571-640-9938 | DRE@stambroseva.org

Lissie Torres, Youth Minister
703-280-4400 | YM@stambroseva.org

Jon Laird, Obl. OSB, Director of Music
703-280-4400 | jlaird@stambroseva.org

Alfonso Dominguez, Plant & Facilities Manager
703-280-4400 | facilities@stambroseva.org

BULLETIN DEADLINE

The parish bulletin deadline is 14 days prior to the desired Sunday publication date. Please email your announcement request to Donna Vasilakos, dvasilakos@stambroseva.org

ISSUES AFFECTING THE CATHOLIC CHURCH

The Diocese of Arlington website provides a resource page with information about recent events affecting the Church. Child protection policies and responses to the crisis, from Bishop Burbidge and the United States Conference of Catholic Bishops, are available at arlingtondiocese.org/childprotection

SACRAMENTAL INFORMATION

Parish Registration: Parish membership is necessary for Baptism, Matrimony, or Sacramental Sponsor Forms. **In order for a Sponsor Form to be issued, one must be a registered/participating member of the Parish for at least three months.** Please notify the Parish Office of any changes on your registration form, telephone number, address, temporary absence, etc. Registration forms are available in the Parish Office and at stambroseva.org/registration



Baptism: First-time, expectant parents must attend an instruction class prior to the Sacrament of Baptism. Call the Parish Office to make the necessary arrangements. Baptisms are usually celebrated on Sundays following the Noon Mass.

Matrimony: Registered parishioners who wish to be married at St. Ambrose, or to be prepared for marriage in another parish, must, by Diocesan policy, begin the required preparation at least six months prior to the proposed date for their marriage. Contact the Parish Office for an appointment.

Returning to the Church: If you are Catholic and returning to the Sacraments, or to the practice of the faith, we welcome you back! If you have any questions or need assistance, please contact a priest at the Parish Office or after Sunday Mass. We're happy to help you come back home to the Catholic Church.

Order of Christian Initiation of Adults (OCIA): The process through which a person is initiated into the full sacramental life of the Catholic Church through weekly instruction. If you or someone you know would like to inquire about the life of Jesus Christ and the beliefs and teachings of His Church, please contact the Director of Religious Education, 571-640-9938 or DRE@stambroseva.org.

Sick Calls: Contact the Parish Office to schedule visits to the sick and/or home-bound for the Sacraments of Penance, the Eucharist & the Anointing of the Sick.



Mass Intentions Pray for people in need, both living or deceased, by having a Mass said for that intention. Masses can be offered to celebrate Baptisms, Birthdays, Anniversaries, Confirmations, Special Intentions, Weddings or other needs.

Devotional Candles for the St Ambrose Shrine in the Narthex are available for a \$4 donation.

For Mass Requests, please visit the Parish Office, Monday through Friday, 9 am - 4 pm. Devotional Candles may be purchased during Parish Office hours or from the ushers before/after weekend Masses.

PARISHSOFT ONLINE GIVING

Our online giving platform is ParishSoft. **The login is at bit.ly/sacc25** Your Faith Direct email and password remain the same for ParishSoft login.



CHURCH CONSTRUCTION DEBT REDUCTION

To complete the new church, the parish took out a loan of \$2.9M from the diocese. The loan hasn't been amortized yet. Details are available at bit.ly/StAmbroseReduceDebt. Any amount you can give to help with the reduction of this debt is greatly appreciated. For those receiving envelopes, a debt reduction envelope has been added. For those using online giving, a debt reduction line item has been added to ParishSoft.



FAITH FORMATION

OCIA | Religious Education | Youth Ministry | Bible Studies | Discussions

ORDER OF CHRISTIAN INITIATION OF ADULTS (OCIA)

stambroseva.org/OCIA

September - May | Mondays | 7 - 8 pm | Parish Hall

Jennifer Wyse, Director of Religious Education

DRE@stambroseva.org | 571-640-9938

OCIA is the Church's process for people over the age of seven who want to become Catholic and are not baptized or baptized in another Christian tradition and Baptized Catholics who have not received First Communion and/or Confirmation.

RELIGIOUS EDUCATION

stambroseva.org/RE

September - May | Grades K-8 | Sundays | 8:45 - 9:45 am | School

Jennifer Wyse, Director of Religious Education

DRE@stambroseva.org | 571-640-9938

Instruction for public/non-Catholic school students. Classes include preparation for First Penance, First Communion, and Confirmation.

JESUS, MARY & A CUP OF JOE

stambroseva.org/JMJ

September - May | Sundays | 8:45 - 9:45 am | School Gym

Learn more about the faith & enjoy fellowship, coffee and conversation. All adults welcome!

APOLOGETICS 101

stambroseva.org/BibleStudy

Third Tuesdays | 7 pm | Parish Hall

January - August 2026 | Defending Our Faith

Lee Cena, Facilitator

ADULT BIBLE STUDY

stambroseva.org/BibleStudy

Wednesdays | 9:30 am, Snack 10 am - Noon, Study | Parish Hall

January - April 2026 | Foundations of Faith

Ron & Mary DeSantis, Ann Rossi, Facilitators

FRIDAY MORNING BIBLE STUDY

bit.ly/FridayAMBibleStudy

Fridays | 9:30 - 11 am | Parish Library

Carol Russell, Coordinator

All are welcome to drop in and discuss the upcoming Sunday's gospel.

ST. AMBROSE MEN'S GROUP

bit.ly/stambrosemensgroup

Second & Fourth Saturdays | 7 - 8:30 am | Parish Hall

Father Nugent, Facilitator | frnugent@stambroseva.org

All men, 21 and older, are invited to join for prayer, coffee, conversation and faith formation.

WALKING WITH PURPOSE: WOMEN'S BIBLE STUDY

stambroseva.org/WWP

Wednesdays | 7 pm | Parish Hall | January 28 - March 11

Julia Waterman, Coordinator | email: wwp@stambroseva.org

Open to all women of the parish. Please RSVP/register/order the study materials at stambroseva.org/WWP

FORMED®
DISCOVER THE FAITH
ANYWHERE, ANYTIME.
bit.ly/formedfaith

Youth Group

Lissie Torres, Youth Minister

703-280-4400 | YM@sstambroseva.org

stambroseva.org/YouthGroup

February 8 | 3 - 4 pm

Faith in Action @ Sunrise

February 15 | 6 - 8 pm

Mardi Gras Party

February 22 | 6 - 8 pm

Lent Kickoff: Holy Hour & Talk

March 1 | 3 - 4 pm

Faith in Action @ Sunrise

dinner dates!

Support the St. Ambrose High School Youth Group



Sign up now to provide dinner & dessert
bit.ly/YouthMinistryMeals

Help with the formation of our teens by providing a dinner & dessert for 15. The High School Youth Group meets on Sundays from 6 to 8 pm in St. Ambrose School Gym; dinner is served at around 6 pm each week. [Sign up now](#). Thank you for your generosity! God bless!



WOMEN'S LENTEN RETREAT

To Be Near God Is My Happiness: The Search for Enduring Peace

February 21 | 9:30 am - 1:30pm | Parish Hall

Father Mike Nugent, Presenter

RSVP & Sign Up bit.ly/WSALentRetreat2026

WSA
WOMEN OF ST. AMBROSE



MEN'S LENTEN RETREAT

David: Our Model and Warning
Dr. Chris Gross, Speaker

Saturday, February 28
9 am - Noon
Church/Parish Hall

All men welcome!



Knights of Columbus

MASS INTENTIONS

Monday	February 9: Weekday
7:00 a.m.	Shirley Pitts
9:00 a.m.	Ken Dinger
Tuesday	February 10: St. Scholastica, Virgin
7:00 a.m.	Renate Nicewicz 
9:00 a.m.	Treyron & Devante Turner
Wednesday	February 11: Wkdy; Our Lady of Lourdes
7:00 a.m.	Luciano Atienza 
9:00 a.m.	Thanksgiving to St. Anthony of Padua
Thursday	February 12: Weekday
7:00 a.m.	Patty Barns
9:00 a.m.	New Outpouring of the Holy Spirit
Friday	February 13: Weekday
7:00 a.m.	Nicogossian Family
9:00 a.m.	Shaina Coss
Saturday	February 14: Sts. Cyril, Monk, and Methodius, Bishop
9:00 a.m.	Francis Richard Best 
5:00 p.m.	Joseph Hea Wook Lee 
Sunday	February 15: 6th Sunday in Ordinary Time
8:00 a.m.	John & Catherine Greenwood 
10:00 a.m.	Jean Coniglio 
12:00 noon	People of the Parish
5:00 p.m.	Helen & Henry Cullinan 

First Friday Eucharistic Adoration

March 6 | 9:30 am - 7 pm (Benediction)

During the week before Adoration, sign up in the binder in the Church Narthex or call the Parish Office, 703-280-4400.

PRAYER INTENTIONS

For the Sick

Irene Anderson, Katie Bader, Josephine Crosby, John Crowley, Kathy d'Alelio, Ken Dinger, Conor Doyle, Marianne Haley, Amy Hobbs, Larry Holmes, George Hughes, Kathleen Johnson, Lauren Elizabeth Kasyr, Robert Koldys, Helen (Dolly) LaViolette, Thomas LaViolette, John Maskeny, Lois LeFebvre, Meghan Lewis Logeais, Lou Osborn, Liz Post, Joyce Pueblo, Amor Regala, Marcelina Respuesto, Diane Rispoli, Lisa Rhoads, Lewis Rhodes, Jean Reed Saylor, Fr. Spychala, Jim Smith, Irene Symm, Nicole A. Tramonte, Donella Wright, Lilian Yetman

For Our Diocesan Priests

Feb 9 Rev. Alfredo D. Tuesta
Feb 10 Rev. Christopher T. Vaccaro
Feb 11 Rev. Stephen M. Vaccaro
Feb 12 Rev. Thomas Vander Woude
Feb 13 Rev. Joseph D.Q. Vu
Feb 14 Rev. James F. Waalkes
Feb 15 Very Rev. Robert J. Wagner, VF



For the Deceased of St. Ambrose 



5TH SUNDAY IN ORDINARY TIME

"You are the light of the world. A city set on a mountain cannot be hidden." - Mt 5:14



MASS TIMES | FEBRUARY 18
7 & 9 am, 7:30 pm

Lent: Fasting & Abstinence

- Everyone 14 years of age and older is bound to observe the law of abstinence. Abstinence is to be observed on all Fridays within the season of Lent and on Ash Wednesday.
- On Ash Wednesday and Good Friday, everyone over 18 and up to the beginning of their 60th year also is bound to observe the law of fast. On these two days only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs, but together they should not equal another full meal.
- Ash Wednesday and Good Friday, therefore, are the only days of both fast and abstinence.

Holy Hours for Young Professionals

7 - 8 pm | St. Ambrose Church

February 20, March 20

April 17, May 22

◊ Confessions

◊ Silence

◊ Fellowship

◊ Praise & Worship



RETREAT REST REDISCOVER

2026 DIOCESAN RETREATS

Visit our website at www.arlingtondiocese.org/retreat for more information about San Damiano and the retreats being offered in the months ahead.

Praying with the Saints: Retreat for Married Couples

Retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. Join Father Stephen Vaccaro and Father Ed Guilloux as they team up to lead a retreat for Married Couples. With conferences on the lives and teachings of great saints, they'll help couples to incorporate a deeper spiritual life into their vocations. This retreat begins at 6 pm Friday, February 13 and concludes Sunday, February 15 at noon. Retreat cost is \$499, and financial assistance may be available. For further information, please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org.

Women's Retreat: Mystery of Christ's Death and Resurrection

Gather at the midpoint of Lent and retreat to our Arlington Diocese's San Damiano Retreat Center in White Post, Virginia. Join Msgr Mangan from Mt. St. Mary Seminary as we renew our sorrow for our sins, and we express our gratitude to God for the new life that comes to us through the Mystery of Christ's Death and Resurrection. We will listen to His Holy Word, and we will participate in His grace-filled Sacraments. This retreat begins at 6 pm Friday, March 13 and concludes Sunday, March 15 at noon. Retreat cost is \$299, and financial assistance may be available. Please contact Deacon Mark Maines at: mark.maines@arlingtondiocese.org

From Inclusion to Belonging; Conference on Disability

March 7, 2026

Join us at St. John Paul the Great High School for our annual From Inclusion to Belonging Conference. This year's theme is "Building a Beautiful Life." Attend practical breakout sessions for parents, educators, clergy, and self-advocates, network with other advocates, visit local providers at the vendor area, and enjoy a beautiful all-abilities art exhibit. The event will feature keynote speeches from Bishop Michael Burbidge, Mark Bradford, and Melody Escobar. REGISTER NOW at portocharities.org/2026conference

\$50/adult | \$25/self-advocate | \$15/childcare

TAX STATEMENTS ARE AVAILABLE

If you have not received your tax statement, please call the Parish Office at 703-280-4400.



WELCOME SUNDAY! Coffee & Donuts After 8 + 10 am Masses Parish Hall

Your Hosts

- February 8 | Walking with Purpose
- March 1 | St. Ambrose PTO - Gala
- March 8 | St. Ambrose Men's Group
- May 3 | Women of St. Ambrose
- May 17 | Young Adults / Women's Group & Young Professionals Holy Hour

2026 BISHOP'S LENTEN APPEAL

Commitment Sunday

Once a year we are asked to make a pledge to sustain the good works funded by the Bishop's Lenten Appeal (BLA) which offer vital services and assistance to those in need across our communities. We are asking every family to participate to help our parish meet our goal. By participating in the BLA, we renew our commitment to the Lord with a response to His call to serve our brothers and sisters. You may make an online donation at arlingtondiocese.org/BLA or scan the code.



Ages 4-13
June 22 - August 7, 2026



REGISTER NOW!
stambrosesummer.com/registration

Join the Serra Club of Arlington to pray for vocations. Sunday, March 8, 2026, 1:45 pm (Following 12:30 pm Mass) at St. Andrew the Apostle Catholic Church, 6720 Union Mill Road, Clifton, VA 20124-1115. Offered for the priesthood, consecrated life, and the perseverance of all vocations. The Serra Club of Arlington are lay Catholics of all ages and from all walks of life who promote vocations to the priesthood and consecrated life, support priests in their sacred ministry, and assist fellow members to recognize and respond in their own lives, to God's call to holiness in Jesus Christ and through the Holy Spirit. We invite you to join us! For more information, please visit serraclubarlington.org.



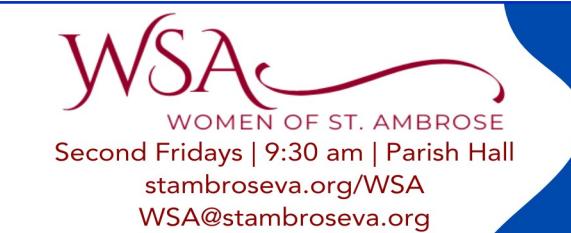


Knights of Columbus®

ST. AMBROSE COUNCIL 8403

Business Meeting | 2nd Tuesday | 7:30 pm
Social Meeting + Dinner | 4th Tuesday | 7 pm
Parish Library
ambrosecouncil.org | info@ambrosecouncil.org

Knights Multi Car Raffle! The tickets for the annual Car Raffle have been distributed. This is the same raffle that we have participated in for the last number of years. This year 4 vehicles will be raffled as well as a \$20,000 cash drawing, along with additional cash drawings totaling \$42,000. You will notice that the ticket returns are being processed at All Saints again this year. This is required by the Virginia Department of Charitable Gaming. The raffle continues to directly benefit our parish and many other charitable causes by our Knights of Columbus as it has in the past. We hope that you will support our efforts by buying or selling your tickets. Please make your checks payable to All Saints.



WOMEN OF ST. AMBROSE
Second Fridays | 9:30 am | Parish Hall
stambroseva.org/WSA
WSA@stambroseva.org



Rosary Makers
FIRST TUESDAY OF THE MONTH
9:30 AM | PARISH LIBRARY



bit.ly/stambrosealtarsociety



PRIME TIME SINGLE CATHOLICS (PTSC)

We are a social group, mostly aged 60 and over. (35 to 59? Ask about our free associate group.) Meet us for: Thursday Lunches (Feb. 12 & 26); St. Valentine's Day Dance (Feb. 14); Dinner in Shirlington (Feb. 15); Walk on W&OD Trail in Vienna (Feb. 19); Mass at St. Michael Church/lunch (Feb. 22); Serving meal at Christ House (Feb. 28). For details, visit our website: bit.ly/ptsc. With questions or to RSVP, email Tom at ptscnva@gmail.com.



PRO-LIFE CORNER

Saint Ambrose for Life
stambroseva.org/pro-life



Diaper Drive Weekend: February 7 + 8

St. Ambrose Parish supports & provides The MaRiH Center with basic supplies for moms & their babies. Collected at all Masses on the first weekend of each month, **critical needs are diapers (newborn - 6), fall/winter clothes/coats (newborn - 2T), Similac Advance formula, wipes, bibs**. To donate other items, please see stambroseva.org/pro-life or contact The MaRiH Center, 703-370-4774, marih.org.

Rosary for Life | Wednesdays | Noon - 1 pm

Help + Hope + Healing

visit stambroseva.org/pro-life for more resources

Gabriel Project

helpforpregnantwomen.org
703-841-3810
info@h4pw.org

Diocese of Arlington

Catholic Charities
703-841-3830
www.ccdca.net

Project Rachel

helpafterabortion.org
703-841-2504
Info@helpafterabortion.org

Virginia Catholic Conference vacatholic.org/

Bishop Michael F. Burbidge's Statement on Human Dignity and the Threat of a Virginia Constitutional Amendment to the Human Right to Life <https://www.arlingtondiocese.org/2026/01/19/bishop-michael-f-burbidges-statement-on-human-dignity-and-the-threat-of-a-virginia-constitutional-amendment-to-human-right-to-life/>

2026 Diocesan Women's Conference

The Catholic Diocese of Arlington's Office of Marriage, Family and Respect Life and Council of Catholic Women invite all women of the Diocese to St. Joseph Catholic Church in Herndon on March 14 from 8 am - 2 pm, to celebrate the 2026 Women's Conference, Faith, Hope & Courage, featuring keynotes by Helen Alvaré and Mary Stanford. The day also includes Mass celebrated by Bishop Michael F. Burbidge, lunch, and a Q&A with the Bishop and our two speakers. Vendors will also be present, selling all kinds of gifts for yourself and your family. We look forward to welcoming you in Herndon in March! \$85 - register at <https://bit.ly/diocesanwomensconference>

2026 Diocesan Men's Conference

All men of the Diocese of Arlington are invited to join us on March 7 at the 2026 Men's Conference. The day will feature talk by keynote speaker, Matthew Bunson, vice president and editorial director of EWTN News, Mass with Bishop Burbidge, vendors, and a Q&A with the Bishop and Dr. Bunson. The Conference will be held at St. Joseph Catholic Church in Herndon from 8:30 am to 2:30 pm. We hope to see you there! \$85 - register at <https://bit.ly/diocesanmensconference>

Bishop Michael F. Burbidge has released his fourth pastoral letter titled "The Divine Physician and a Christian Approach to Mental Health and Wellbeing." Observing with increasing pastoral concern the mental health crisis in our country impacting millions of Americans, Bishop Burbidge leads us to Jesus the Divine Physician, the healer and Savior for all persons. In this pastoral letter, he offers encouragement in light of the teachings of Christ and the Gospel and reflections on the proper place of counseling in the Catholic life. The pastoral letter is available at <https://bit.ly/bishopspastoralletter>



The Light is ON for you
Come spend your Lent with Saint Ambrose Parish

LENT 2026

*Turn off the world, spend time in the presence of Jesus Christ,
and receive His loving mercy and forgiveness.*

MASSES

Ash Wednesday, February 18 | 7 & 9 am, 7:30 pm
Weekdays | Monday - Friday | 7 & 9 am
Saturday | 9 am, 5 pm (Vigil)
Sunday | 8 & 10 am, Noon, 5 pm

CONFESIONS

Wednesdays | 6:30 - 8 pm
Saturdays | 9:30 am, 3 - 4 pm

FIRST FRIDAY ADORATION

March 6 | 9:30 am - 7 pm

LENTEN SOUP SUPPERS

Fridays | 6 - 7 pm | School Gym
Dates/Hosts

- February 20 | Knights of Columbus
- February 27 | Women of St. Ambrose
- March 6 | St. Ambrose School
- March 13 | St. Ambrose Choir
- March 20 | Religious Education
- March 27 | St. Ambrose Parish

RETREATS

Women's Lenten Retreat

Saturday, February 21 | 9:30 am - 1:30 pm | Parish Hall
Rev. Michael Nugent, Presenter
RSVP & Sign up at bit.ly/WSALentRetreat2026

Men's Lenten Retreat

Saturday, February 28 | 9 am - Noon
Dr. Chris Gross, Presenter
Church | Parish Hall



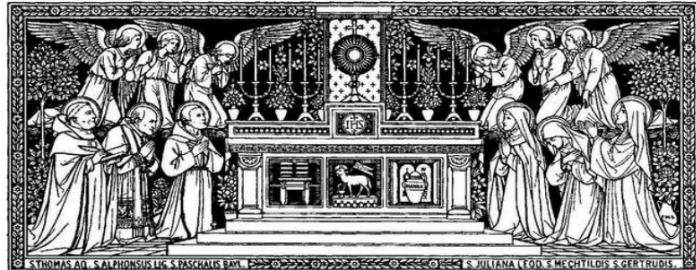
SPECIAL PRESENTATION

“Saint Mother Teresa of Calcutta”
Father Brian Kolodiejchuk, MC, Presenter
Sunday, March 1, 7 pm | Parish Hall

EUCARISTIC ADORATION & CONFESION

Wednesday Evenings
February 25, March 4, 11, 18, 25 | 6:30 - 8 pm

- Reflection | 6:30 - 7 pm
One of the parish priests will share a reflection at the beginning of Adoration.
- Confession | 6:30 - 8 pm



FORTY HOURS DEVOTION

Thursday, March 19

- Adoration begins | Noon
- Solemn Vespers & Reflection | 7 pm
- Father John Kist, Celebrant & Homilist
- Reception afterwards | Parish Hall

Friday, March 20

- Adoration continues

Saturday, March 21

- Benediction | 8:50 am
- Mass | 9 am

STATIONS OF THE CROSS

Fridays | 2:15 pm & 7:30 pm
• February 20, 27, March 6, 13, 20, 27

“Lent is a time for us to empty ourselves of worldly distractions and allow God to fill us with His love, His grace, and His peace.”

St. Teresa of Calcutta