

SAINT AMBROSE CATHOLIC CHURCH

March 10, 2024 | Fourth Sunday of Lent



WHERE THE CHURCH IS, THERE ARE HIS MYSTERIES
- SAINT AMBROSE -

Very Reverend Andrew J. Fisher, V.F., Pastor
Reverend Michael T. Nugent, Parochial Vicar
Reverend Anthony Appiah, In Residence

MASS SCHEDULE

Sunday | 8 am, 10 am, Noon, 5 pm
Monday - Friday | 7 am, 9 am
Saturday | 9 am, 5 pm (Vigil)
Holy Days | As announced

SACRAMENT OF PENANCE

Saturday | 9:30 am, 3 - 4 pm

MIRACULOUS MEDAL NOVENA

Saturday | After 9 am Mass

EUCCHARISTIC ADORATION

First Friday | 9:30 am - 7 pm (Benediction)

SAINT AMBROSE CATHOLIC SCHOOL

703-698-7171 | stambroseschool.org | info@stambroseschool.org

3901 WOODBURN ROAD | ANNANDALE, VA 22003 | 703-280-4400 | STAMBROSEVA.ORG



Welcome!

Whether you are a parishioner, a visitor, seeking a parish home, returning to the practice of your Catholic faith, or interested in learning more about the Catholic Church, we welcome you to St. Ambrose and invite you to become a member of our growing parish family.

PARISH OFFICE

Monday - Friday | 9 am - 4 pm
3901 Woodburn Road | Annandale, VA 22030
703-280-4400 | stambroseva.org
email: dvasilakos@stambroseva.org

CLERGY

Very Rev. Andrew J. Fisher, V.F., Pastor
rfisher@stambroseva.org

Rev. Michael T. Nugent, Parochial Vicar
frnugent@stambroseva.org

Rev. Anthony Appiah, In Residence
tonyapia50@yahoo.com

Ted Devlin, Permanent Deacon
tdevlin@stambroseva.org

STAFF

Donna Vasilakos, Parish Secretary
703-280-4400 | dvasilakos@stambroseva.org

Margaret Kelty, Administrative Assistant
703-280-4400 | mkelty@stambroseva.org

Carla Yaglou, Business Manager
703-280-4400 | businessmanager@stambroseva.org

Maria Tejada, School Principal
703-698-7171 | principal@stambroseschool.org

Claire Jackson, Director of Religious Education/Youth Ministry
703-280-1122 | cjackson@stambroseva.org

Jon Laird, Obl.O.S.B., Director of Music
703-280-4400 | jlaird@stambroseva.org

Alfonso Dominguez, Plant & Facilities Manager
703-280-4400 | facilities@stambroseva.org

BULLETIN NOTICES

Please email your announcement request to Donna Vasilakos.
Bulletin deadline is **14 days before publication**.

ISSUES AFFECTING THE CATHOLIC CHURCH

The Diocese of Arlington website provides a resource page with information about recent events affecting the Church. Child protection policies and responses to the crisis, from Bishop Burbidge and the United States Conference of Catholic Bishops, are available at arlingtondiocese.org/childprotection

SACRAMENTAL INFORMATION

Baptism: First-time, expectant parents must attend an instruction class prior to the Sacrament of Baptism. Call the Parish Office to make the necessary arrangements. Baptisms are usually celebrated on Sundays following the Noon Mass.

Matrimony: Registered parishioners who wish to be married at St. Ambrose, or to be prepared for marriage in another parish, must, by Diocesan policy, begin the required preparation at least six months prior to the proposed date for their marriage. Contact the Parish Office for an appointment.

Returning to the Church: If you are Catholic and returning to the Sacraments, or to the practice of the faith, we welcome you back! If you have any questions or need assistance, please contact a priest at the Parish Office or after Sunday Mass. We're happy to help you come back home to the Catholic Church.

Initiation of Adults and Children: The Rite of Christian Initiation (RCIA) is the process through which a person becomes initiated into the full sacramental life of the Catholic Church through weekly instruction. If you or someone you know would like to inquire about the life of Jesus Christ and the beliefs and teachings of His Church, please call Claire Jackson, Director of Religious Education/Youth Ministry, 703-280-1122.

Sick Calls: Contact the Parish Office to schedule visits to the sick and/or homebound for the Sacraments of Penance, the Eucharist & the Anointing of the Sick.

Parish Membership: Parish Membership is necessary for Baptism, Matrimony, or Sacramental Sponsor Forms. In order for a Sponsor Form to be issued, one must be a registered/participating member of the Parish for at least three months. Please notify the Parish Office of any changes on your registration form, telephone number, address, temporary absence, etc. Forms are available in the Parish Office and at stambroseva.org



Mass Intentions Pray for people in need, both living or deceased, by having a Mass said for that intention. Masses can be offered to celebrate Baptisms, Birthdays, Anniversaries, Confirmations, Special Intentions, Weddings or other needs.

Devotional Candles for the St Ambrose Shrine in the Narthex are available for a \$4 donation.

For Mass requests, please visit the Parish Office, Monday through Friday, 9 am-4 pm. Devotional Candles may be purchased during Parish Office hours or from the ushers before/after weekend Masses.

FAITH DIRECT

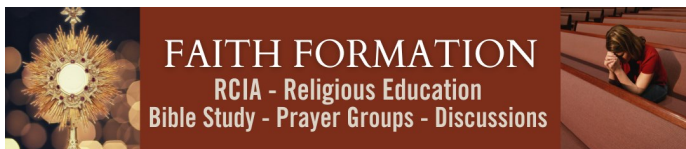
Plan your recurring Offertory donations through Faith Direct.
Visit bit.ly/StAmbroseFaithDirect or scan the QR code.



PARISH MINISTRIES

Visit stambroseva.org + click on Ministries tab for details and contacts

Adult Choir	Altar Servers	Altar Society
Bereavement Group	Christ House Meals	Eucharistic Adoration
Friday Morning Bible Study	Gabriel Project	Garden & Grounds Club
Intercessory Prayer Tree	Knights of Columbus	Knitting Group
Lectors	Religious Education	Rosary Makers
St. Ambrose for Life	St. Ambrose Samaritan Group	Ushers
Vocations Committee	Women of St. Ambrose	Young Adults Group
Youth Choir	Youth Ministry	



FAITH FORMATION

RCIA - Religious Education
Bible Study - Prayer Groups - Discussions

See details for each program at stambroseva.org

THE RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)

stambroseva.org/RCIA

September - May | Mondays | 7-8 pm | Parish Hall

RCIA is the Church's process for people over the age of seven who want to become Catholic and are

- unbaptized or baptized in another Christian tradition
- Baptized Catholics who have not received First Communion and/or Confirmation

RELIGIOUS EDUCATION

stambroseva.org/RE

Grades K-7 | Sundays | 8:45-9:45 am | School

Grade 8 | Mondays | 7-8 pm | Parish Hall

Classes for public /non-Catholic school students. Instruction includes required preparation for First Penance, First Communion, and Confirmation.

JESUS, MARY & A CUP OF JOE

stambroseva.org/JMJ

September - May | Sundays | 8:45-9:45 am | School Gym

Learn more about the faith. Enjoy fellowship, coffee and conversation. All adults welcome!

APOLOGETICS DISCUSSION GROUP

stambroseva.org/BibleStudy

Third Tuesday of the Month | 7:30-9pm | Parish Hall

Grow in your knowledge & ability to evangelize & defend our Catholic faith.
Facilitator: Lee Cena

ADULT BIBLE STUDY

stambroseva.org/BibleStudy

The Bible Timeline: The Story of Salvation

- September - May | Wednesdays | 10 am-Noon | Parish Hall
- Facilitators: Ron & Mary DeSantis, Chrissy Rabayda

FRIDAY MORNING BIBLE STUDY

stambroseva.org/faith-formation/friday-morning-bible-study

Fridays | 9:30 -11 am | Parish Library

Carol Russell, Coordinator. All are welcome to drop in and discuss the upcoming Sunday's gospel. Stay as long as you like - join us!

WOMEN'S PRAYER GROUP

stambroseva.org/WSA

Sundays | 1:15-3:15 pm | Parish Library

Take time for God! Open to all women of the parish.

Claire Jackson

Director of Religious Education/Youth Ministry | 703-280-1122

"God did not send the Son into the world to condemn the world, but in order that the world might be saved through Him." Are you being invited to share the mission of Jesus as a priest, deacon or in the consecrated life? Contact Fr. Michael Isenberg, (703) 841-2514 or michael.isenberg@arlingtondiocese.org.

YOUTH MINISTRY



GOD SQUAD

stambroseva.org/GodSquad

September-May | Sundays | 6-8 pm | School Gym
Open to everyone in Grades 9-12

Bring a friend - see you there!

UPCOMING SATURDAY EVENTS

March 23 | Mount St. Marys

March 28 | Seven Churches Pilgrimage

Forty Hours Devotion | March 13 - 15

March 13 | Noon

Adoration begins

March 14 | 7 pm

Solemn Vespers & Reflection

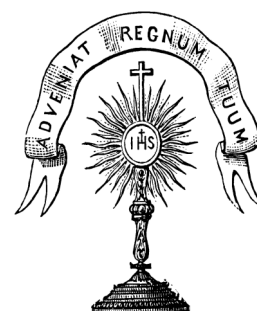
Rev. John Trigilio

EWTN Host and author of
Catholicism for Dummies

March 15

Benediction | 8:50 am

Mass | 9 am



Mass and Anointing of the Sick

Saturday, March 16 | 11 am | Saint Ambrose Church

The Order of Malta will host a special Mass and Anointing of the Sick for those suffering from illness in the Catholic Diocese of Arlington. The Most Reverend Michael F. Burbidge, Bishop of Arlington, is the principal celebrant and homilist. The faithful of the Diocese of Arlington are encouraged to arrive no later than 10:30 am to secure parking and seating for the Mass. To RSVP for the Mass & Luncheon, please contact Brian Newsome, KM, 323-505-8846 or email nova.malta.mass@gmail.com. Please provide the name(s) of those attending and include a contact e-mail or phone number & any dietary restrictions for those attending the Luncheon following the Mass.



SAINT PATRICK'S DAY PANCAKE BREAKFAST

Sunday, March 17

After 8 and 10 am Masses | School Gym

Pre-Sale Tickets

bit.ly/kc8043marchpancakes or scan QR



Hosted by
St. Ambrose Council



MASS INTENTIONS

Monday	March 11: Lenten Weekday
7:00 a.m.	Erlinda B. Pallay †
9:00 a.m.	Josephine Bourgeois †
Tuesday	March 12: Lenten Weekday
7:00 a.m.	Jan Witter †
9:00 a.m.	Gertrude Silen †
Wednesday	March 13: Lenten Weekday
7:00 a.m.	Jack Roxbrough †
9:00 a.m.	Patricia Burke †
Thursday	March 14: Lenten Weekday
7:00 a.m.	Robert JJ Seoane, Sr. †
9:00 a.m.	Amy Wise
Friday	March 15: Lenten Weekday
7:00 a.m.	Renate Nicewicz †
9:00 a.m.	Martha H. Holmes †
Saturday	March 16: Lenten Weekday
9:00 a.m.	Mrs. Rosario Ramada
5:00 p.m.	Margaret Dominguez †
Sunday	March 17: 5th Sunday of Lent
8:00 a.m.	Jane Palladino
10:00 a.m.	Maria Lomboy †
12:00 noon	Karen Willis †
5:00 p.m.	People of the Parish

First Friday Adoration ~ April 5, 2024

9:30 am - 7 pm (Benediction)

During the week before Adoration, sign up in the binder in the Church Narthex or call the Parish Office, 703-280-4400

PRAYER INTENTIONS

For the Sick

Irene Anderson, Katie Bader, Josephine Crosby, John Crowley, Kathy d'Alelio, Conor Doyle, Bill Foster, Therese Fruet, Marianne Haley, Amy Hobbs, George Hughes, Kathleen Johnson, Robert Koldys, Helen (Dolly) LaViolette, Thomas LaViolette, John Maskeny, Lou Osborn, Liz Post, Marcelina Respuerto, Diane Rispoli, Lisa Rhoads, Lewis Rhodes, Jean Reed Saylor, Fr. Spsychala, Jim Smith, Irene Symm, Nicole A. Tramonte, Donella Wright, Lilian Yetman

For Our Diocesan Priests

Mar 11	Rev. Stephen F. McGraw
Mar 12	Rev. Martin McGuill (Ret.)
Mar 13	Rev. Peter M. McShurley
Mar 14	Rev. John H. Melmer
Mar 15	Rev. Francisco Mendez De Dios (Ret.)
Mar 16	Rev. David P. Meng
Mar 17	Rev. Charles W. Merkle, III

† For the Deceased of St. Ambrose †



Come spend your Lent with Saint Ambrose Parish

See detailed Lent 2024 schedule at stambroseva.org

CONFESSION

Wednesdays | 6:30 - 8 pm

- March 13, 20, 27

Saturdays | 9:30 am, 3 - 4 pm

EUCCHARISTIC ADORATION

Wednesdays | 6:30 pm - 8 pm

- Holy Hour Reflection | 6:30 - 7 pm
- March 13, 20, 27

LENTEN SOUP SUPPERS

Fridays | 6 - 7 pm | School Gym | Dates/Hosts

- March 15 | Religious Education
- March 22 | St. Ambrose School

STATIONS OF THE CROSS

Fridays | 2:15 & 7:30 pm

- March 15, 22

FORTY HOURS DEVOTION | March 13 - 15

March 13 | Adoration begins | Noon

March 14 | Solemn Vespers & Reflection | 7 pm

Rev. John Trigilio

EWTN Host and author of Catholicism for Dummies

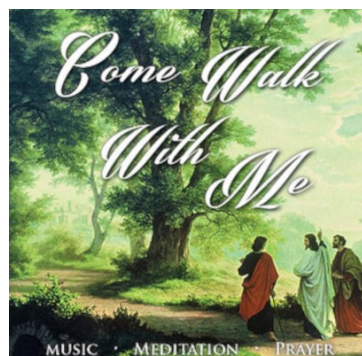
March 15 | Benediction, 8:50 am | Mass, 9 am

NIGHT OF PRAYER | March 24 | 7 pm

"Come Walk with Me"

An evening of music, meditation and prayer with Mark Forrest, Irish Tenor

Night of Prayer | Sunday, March 24 | 7 pm



The *Come Walk With Me* evening is a time for us to reflect on our personal relationship with Jesus Christ. During the evening, the Blessed Sacrament will be exposed and Irish tenor Mark Forrest will take you through an evening of music, reflection, and healing. Consider taking an hour with the Lord as he invites you to a closer walk with him.



4TH SUNDAY OF LENT

For everyone who does wicked things hates the light and does not come toward the light, so that his works might not be exposed. But whoever lives the truth comes to the light, so that his works may be clearly seen as done in God. - Jn 3:20-21

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

GLPI

FAST AND ABSTINENCE GUIDELINES

Everyone over the age of 14 years is bound to observe the law of abstinence. Abstinence from meat is to be observed on all Fridays within the season of Lent. On Ash Wednesday and Good Friday, everyone over the age of 18 and up to the beginning of their 60th year is also bound to observe the law of fast. On these two days, only one full meatless meal is allowed. Two other meatless meals, sufficient to maintain strength, may be taken according to each one's needs; but together they should not equal another full meal. Ash Wednesday and Good Friday, therefore, are the only days of both fast and abstinence.



**young adults
group**

STAMBROSEVA.ORG/YOUNGADULTS



ST. AMBROSE CATHOLIC SCHOOL

"Christ is Everything to Us" - St. Ambrose

NEWS & NOTES

Saint Ambrose School offers open enrollment and availability throughout the school year for all grades. Please visit stambroseschool.org or call the St. Ambrose School Office, 703-698-7171.

Dear St. Ambrose Community,

Exciting news! Visit bit.ly/schoolfacilitynews or scan the QR to learn about our plans to renovate and expand our parish school!

Did you know Saint Ambrose School offers financial aid? Last year we awarded over \$105,000 to families in need. Don't let the cost of a priceless Catholic education prevent you from inquiring about admissions. Please call today – 703-698-7171.

St. Ambrose School continues to accept applications for all grades. We invite you to call the school to schedule a private tour at your convenience. Saint Ambrose Preschool is also accepting applications for the 2024-25 school year. Information/application requirements are available at stambrospreschool.org as well as the School Office and the Parish Office.

Save the date for our annual school gala, *A Knight in the Roaring 20s*, Saturday, April 20, 6-10 pm!

Yours in Christ,

Maria Teresa Tejada, Principal | principal@stambroseschool.org



3827 Woodburn Road | Annandale, VA 22003
703-698-7171 | info@stambroseschool.org
stambroseschool.org

St. Ambrose School Gala!

Please mark your calendars and join us for the annual St. Ambrose School Gala, *A Knight in The Roaring 20s*, on Saturday, April 20 from 6-10 pm! We will have a table after Mass on March 3 + 10 with more information. In addition, if your business would like to sponsor or donate to the gala, please email gala@stambroseschool.org.



FAITH. FRIENDS. FUN!

St. Ambrose Summer Camp | June 17 – August 2, 2024 | stambrosesummer.com

**Saint
Ambrose
Summer Camp
2024**

REGISTRATION IS OPEN NOW!

Schedule for campers (ages 4-13) at stambrosesummer.com/camps

WE'RE HIRING COUNSELORS / VOLUNTEERS

MAY 28 – AUGUST 2

APPLY NOW!

Saint Ambrose Summer Camp is hiring engaging, fun and responsible students who exhibit a joyful love of Christ and desire to be positive role models in the lives of young children this summer.

Full-Time Counselors: College Students
stambrosesummer.com/employment

Part-Time Volunteers: High School Students
stambrosesummer.com/volunteer



Saint Ambrose Summer Camp strives to offer a dynamic, Christ-centered summer experience that forms the next generation of saints. Join us!

Knights of Columbus Car Raffle

April 27 is approaching - four vehicles will be raffled along with a \$20,000 cash drawing, plus other cash drawings. Lots of chances to win - if you purchase a ticket. With your support, everyone is a winner! Your purchase provides financial support for the charity work of the Knights of Columbus

here at Saint Ambrose - and you could win a prize too. Please return your sold and unsold tickets in the red/white box in the church vestibule or the Parish Office by April 22.



**Knights of
Columbus®**

ST. AMBROSE COUNCIL 8403

Business Meeting | 2nd Tuesday | 7:30 pm
Social Meeting + Dinner | 4th Tuesday | 7 pm
Parish Library
ambrosecouncil.org | info@ambrosecouncil.org



WOMEN OF ST. AMBROSE
Second Fridays | 9:30 am | Parish Hall
stambroseva.org/WSA
WSA@stambroseva.org

2024 AOH Gaelic Mass

The Annual Gaelic Mass in Honor of St. Patrick will be held on Monday, March 11, 2024, 7 pm at St. James Catholic Church (905 Park Avenue, Falls Church). The Mass is organized and hosted by the Col. John Fitzgerald Division of the Ancient Order of Hibernians (AOH). Sean O'Riada Mass in its original Gaelic will be celebrated with organ, harp, and chorus accompaniment. The celebrant will be Rev. M. Valentine Keveny from County Mayo, Ireland. A reception follows.

CHURCH CONSTRUCTION DEBT REDUCTION

To complete the church, the parish took out a loan of \$2.9M from the diocese. The loan has not been amortized yet. **More details available at bit.ly/StAmbroseReduceDebt.** Any amount you can give to help with the reduction of this debt is greatly appreciated. For those receiving envelopes, a debt reduction envelope has been added. For those using our electronic giving, a debt reduction line item has been added to Faith Direct - use the QR code to access Faith Direct. God bless your generosity!

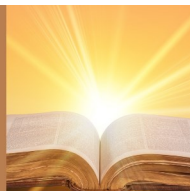
SCAN ME



Friday Morning Bible Study

9:30 am | Parish Library
All are welcome!

bit.ly/FridayAMBibleStudy



PRO-LIFE CORNER

St. Ambrose for Life | stambroseva.org/pro-life

Next Diaper Drive Weekend: April 6 & 7

St. Ambrose Parish supports and provides The MaRiH Center with diapers, formula and wipes for moms & their babies.

Collected at all Masses on the first weekend of each month, needs are: diapers (all sizes); wipes; formula (especially Similac Advance), diaper rash ointment. To donate other critical items, please visit stambroseva.org/pro-life or contact The MaRiH Center, 703-370-4774, marih.org.



Rosary for Life | Wednesdays | Noon - 1 pm

Help + Hope + Healing

visit stambroseva.org/pro-life for more resources

Gabriel Project
helpforpregnantwomen.org
703-841-3810
info@h4pw.org

**Diocese of Arlington
Catholic Charities**
703-841-3830
www.ccda.net

Project Rachel
helpafterabortion.org
703-841-2504
info@helpafterabortion.org

Virginia Catholic Conference (VCC) | vacatholic.org

Action Alert: legalization of physician assisted suicide is moving rapidly through the Virginia General Assembly. Read Bishop Burbidge & Bishop Knestout's joint statement and call to action at bit.ly/vccalert.



CATHOLIC DIOCESE OF
ARLINGTON

EVENTS CALENDAR

ARLINGTONDIOCESE.ORG/ALL-EVENTS

Bereavement Group

BIT.LY/STAMBROSEBG



TAX STATEMENTS ARE AVAILABLE

If you have not received your tax statement, please call the Parish Office at 703-280-4400.



HumbleBee Highlights

<https://stambroseva.org/humble-bee>



In this week's Gospel, we hear the reassuring plan God put into place for our salvation. He loved the world so much that he sent his only son to die for our sins that we might be saved through him. Jesus is the light that came into the world to reveal what's truly in our hearts and save us from darkness. Lent is a special time for us to be open to this light and strive harder to live in the truth.

FAMILY DISCUSSION

- So far this Lent, how is God's light illuminating our lives?
- What areas of our lives may still lie in darkness?
- How can we invite Jesus into our hearts to bring light where there is darkness? Do we need to go to confession? Fast? Pray? Be more generous? Create a plan for this week to embrace light and truth.

See The Bee for more faith + fun!