

SAINT AMBROSE CATHOLIC CHURCH

March 9, 2025 | First Sunday of Lent



WHERE THE CHURCH IS, THERE ARE HIS MYSTERIES
- SAINT AMBROSE -

Very Reverend Andrew J. Fisher, V.F., Pastor
Reverend Michael T. Nugent, Parochial Vicar
Reverend Anthony Appiah, In Residence

MASS SCHEDULE

Sunday | 8 am, 10 am, Noon, 5 pm

Monday - Friday | 7 am, 9 am

Saturday | 9 am, 5 pm (Vigil)

Holy Days | As announced

SACRAMENT OF PENANCE

Saturday | 9:30 am, 3 - 4 pm

MIRACULOUS MEDAL NOVENA

Saturday | After 9 am Mass

EUCCHARISTIC ADORATION

First Friday | 9:30 am - 7 pm (Benediction)

SAINT AMBROSE CATHOLIC SCHOOL

703-698-7171 | stambroseschool.org | info@stambroseschool.org

3901 WOODBURN ROAD | ANNANDALE, VA 22003 | 703-280-4400 | STAMBROSEVA.ORG



Welcome!

Whether you are a parishioner, a visitor, seeking a parish home, returning to the practice of your Catholic faith, or interested in learning more about the Catholic Church, we welcome you to St. Ambrose and invite you to become a member of our growing parish family.

PARISH OFFICE

Monday - Friday | 9 am - 4 pm
 3901 Woodburn Road | Annandale, VA 22030
 703-280-4400 | stambroseva.org
 email: dvasilakos@stambroseva.org

CLERGY

Very Rev. Andrew J. Fisher, V.F., Pastor
 rfisher@stambroseva.org

Rev. Michael T. Nugent, Parochial Vicar
 frnugent@stambroseva.org

Rev. Anthony Appiah, In Residence
 tonyapia50@yahoo.com

Ted Devlin, Permanent Deacon
 tdevlin@stambroseva.org

STAFF

Donna Vasilakos, Parish Secretary
 703-280-4400 | dvasilakos@stambroseva.org

Margaret Kelty, Administrative Assistant
 703-280-4400 | mkelty@stambroseva.org

Carla Yaglou, Business Manager
 703-280-4400 | businessmanager@stambroseva.org

Ratna Adinata, Bookkeeper
 703-280-4400 | radinata@stambroseva.org

Dr. Aranzazu Ascunce, School Principal
 703-698-7171 | principal@stambroseschool.org

Shelly Locke, Director of Youth Ministry & Religious Education
 571-640-9938 | slocke@stambroseva.org

Jon Laird, Obl.O.S.B., Director of Music
 703-280-4400 | jlaird@stambroseva.org

Alfonso Dominguez, Plant & Facilities Manager
 703-280-4400 | facilities@stambroseva.org

BULLETIN NOTICES

Please email your announcement request to Donna Vasilakos. Bulletin deadline is **14 days before publication.**

ISSUES AFFECTING THE CATHOLIC CHURCH

The Diocese of Arlington website provides a resource page with information about recent events affecting the Church. Child protection policies and responses to the crisis, from Bishop Burbidge and the United States Conference of Catholic Bishops, are available at arlingtondiocese.org/childprotection

SACRAMENTAL INFORMATION

Parish Registration: Parish membership is necessary for Baptism, Matrimony, or Sacramental Sponsor Forms. **In order for a Sponsor Form to be issued, one must be a registered/participating member of the Parish for at least three months.** Please notify the Parish Office of any changes on your registration form, telephone number, address, temporary absence, etc. Registration forms are available in the Parish Office and at stambroseva.org/registration



Baptism: First-time, expectant parents must attend an instruction class prior to the Sacrament of Baptism. Call the Parish Office to make the necessary arrangements. Baptisms are usually celebrated on Sundays following the Noon Mass.

Matrimony: Registered parishioners who wish to be married at St. Ambrose, or to be prepared for marriage in another parish, must, by Diocesan policy, begin the required preparation at least six months prior to the proposed date for their marriage. Contact the Parish Office for an appointment.

Returning to the Church: If you are Catholic and returning to the Sacraments, or to the practice of the faith, we welcome you back! If you have any questions or need assistance, please contact a priest at the Parish Office or after Sunday Mass. We're happy to help you come back home to the Catholic Church.

The Rite of Christian Initiation (RCIA/RCIC): The process through which a person is initiated into the full sacramental life of the Catholic Church through weekly instruction. If you or someone you know would like to inquire about the life of Jesus Christ and the beliefs and teachings of His Church, please call Claire Jackson, Director of Religious Education/Youth Ministry, 571-640-9938.

Sick Calls: Contact the Parish Office to schedule visits to the sick and/or home-bound for the Sacraments of Penance, the Eucharist & the Anointing of the Sick.



Mass Intentions Pray for people in need, both living or deceased, by having a Mass said for that intention. Masses can be offered to celebrate Baptisms, Birthdays, Anniversaries, Confirmations, Special Intentions, Weddings or other needs.

Devotional Candles for the St Ambrose Shrine in the Narthex are available for a \$4 donation.

For Mass Requests, please visit the Parish Office, Monday through Friday, 9 am-4 pm. Devotional Candles may be purchased during Parish Office hours or from the ushers before/after weekend Masses.

FAITH DIRECT

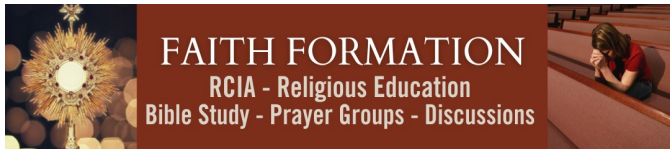
Plan your recurring Offertory donations through Faith Direct. Visit bit.ly/StAmbroseFaithDirect or scan the QR code.



PARISH MINISTRIES

Visit stambroseva.org for details and contacts

Adult Choir	Altar Servers	Altar Society
Bereavement Group	Christ House Meals	Eucharistic Adoration
Friday Morning Bible Study	Gabriel Project	Garden & Grounds Club
Intercessory Prayer Tree	Knights of Columbus	Knitting Group
Lectors	Religious Education	Rosary Makers
St. Ambrose for Life	St. Paula Society	Ushers
Vocations Committee	Women of St. Ambrose	Young Adults Group
Youth Choir		Youth Ministry



FAITH FORMATION
 RCIA - Religious Education
 Bible Study - Prayer Groups - Discussions

THE RITE OF CHRISTIAN INITIATION OF ADULTS (RCIA)
stambroseva.org/RCIA

September - May | Mondays | 7 - 8 pm | Parish Hall

RCIA is the Church's process for people over the age of seven who want to become Catholic and are not baptized or baptized in another Christian tradition and Baptized Catholics who have not received First Communion and/or Confirmation.

RELIGIOUS EDUCATION
stambroseva.org/RE

September - May | Grades K-8 | Sundays | 8:45 - 9:45 am | School Instruction for public/non-Catholic school students. Classes include preparation for First Penance, First Communion, and Confirmation.

JESUS, MARY & A CUP OF JOE
stambroseva.org/JMJ

September - May | Sundays | 8:45 - 9:45 am | School Gym

Learn more about the faith & enjoy fellowship, coffee and conversation. All adults welcome!

APOLOGETICS 101

stambroseva.org/BibleStudy

Third Tuesdays | 7 pm | Parish Hall
 January - April Topic: Opposing Faith Alone
 Lee Cena, Facilitator

ADULT BIBLE STUDY

stambroseva.org/BibleStudy

Wednesdays | 10 am - Noon | Parish Hall
 September 18 - February 26 | The Acts of the Apostles
 Ron & Mary DeSantis, Ann Rossi, Facilitators

MEN'S EVENING BIBLE STUDY

bit.ly/MensPMBibleStudy

Third Thursdays | 7:30 pm | Parish Library
 Jonathan Wertz, Facilitator

Come join fellow men as we learn about the Bible and discuss living our Catholic faith. Fellowship, 7:30 pm; Bible Study, 8 pm.

.FRIDAY MORNING BIBLE STUDY

bit.ly/FridayAMBibleStudy

Fridays | 9:30 - 11 am | Parish Library
 Carol Russell, Coordinator

All are welcome to drop in and discuss the upcoming Sunday's gospel. Stay as long as you like - join us!

ST. AMBROSE MEN'S GROUP

bit.ly/stambrosemensgroup

Second & Fourth Saturdays | 7 - 8:30 am | Parish Hall
 Father Nugent, Facilitator | frnugent@stambroseschool.org

All men, 21 and older, are invited to join for prayer, coffee, conversation and faith formation.

TAKE TIME FOR GOD SUNDAY FELLOWSHIP

stambroseva.org/WSA

Sundays | 3 pm | Parish Library
 Magdalena Manzo, Coordinator

Open to all women of the parish. Celebrate God's goodness through praise & thanksgiving, share holy moments, reflect on God's Words & pray for up each other's prayer intentions. Sponsored by WSA.

Shelly Locke

Director of Youth Ministry & Religious Education
 571-640-9938 | slocke@stambroseva.org

YOUTH MINISTRY



GOD SQUAD

stambroseva.org/GodSquad

September-May

Sundays | 6 - 8 pm

School Gym

Open to everyone in Grades 9-12

Bring a friend - see you there!

REGISTER NOW



Saint Ambrose Summer Camp
 Ages 4 -13
 June 16 - August 1, 2025

stambrosesummer.com



ORDER OF MALTA®
FEDERAL ASSOCIATION, U.S.A.
NORTHERN VIRGINIA REGION

On Sunday, March 23 at 3:00 p.m. at The Cathedral of Saint Thomas More, The Order of Malta, Northern Virginia Region (Federal Association USA) will host a special MASS AND ANOINTING OF THE SICK for those suffering from illness in the Catholic Diocese of Arlington. The faithful are encouraged to **arrive no later than 2:30 pm.** to secure parking and seating for the Mass.

The Most Reverend Michael F. Burbidge, Bishop of Arlington and Conventual Chaplain *ad honorem* of the Order will serve as the Principal Celebrant for the Mass. Most Reverend Paul S. Loverde, Bishop Emeritus of Arlington and Conventual Chaplain *ad honorem* will concelebrate the Mass. Joining the episcopal celebrants will be Very Reverend Andrew Fisher (Dean of Deanery II and Pastor of St. Ambrose Catholic Church) and Reverend Alexander Drummond (Pastor of St. Michael Catholic Church), who serve as the Magistral Chaplains of the Order from the Northern Virginia Region. Reverend Joseph Rampino, Associate Chaplain of the Order will join the concelebrants.

Members of the Northern Virginia Region encourage all individuals in the Diocese, especially residents of assisted living and long-term care facilities to attend this Mass and receive the sacramental anointing. This is a major work of the Order of Malta - to bring the Lourdes Pilgrimage experience to the faithful of Arlington who could not otherwise travel overseas.

To RSVP for attendance at the March 23rd Mass, please contact Brian Newsome KM via email at nova.malta.mass@gmail.com or phone at 323-505-8846.

MASS INTENTIONS

Monday 7:00 a.m. 9:00 a.m.	March 10: Lenten Weekday Conchita Ferry † Private Intention
Tuesday 7:00 a.m. 9:00 a.m.	March 11: Lenten Weekday Irene Banks † Josephine Bourgeois †
Wednesday 7:00 a.m. 9:00 a.m.	March 12: Lenten Weekday Bonnie Math † Margaret Dominguez †
Thursday 7:00 a.m. 9:00 a.m.	March 13: Lenten Weekday Bruno Hieu Van Le † An Cao
Friday 7:00 a.m. 9:00 a.m.	March 14: Lenten Weekday Robert JJ Seoane, Sr. † Evelyn Seoane †
Saturday 9:00 a.m. 5:00 p.m.	March 15: Lenten Weekday Margaret Dominguez † Robert & Sue Hansen
Sunday 8:00 a.m. 10:00 a.m. 12:00 noon 5:00 p.m.	March 16: Second Sunday of Lent Daniel M.P. Foley † Cecile Fleming † Vee (L) & Robert (†) Murray People of the Parish

Eucharistic Adoration ~ Friday, March 7, 2025

9:30 am - 7 pm (Benediction)

During the week before Adoration, sign up in the binder in the Church Narthex or call the Parish Office, 703-280-4400.

PRAYER INTENTIONS

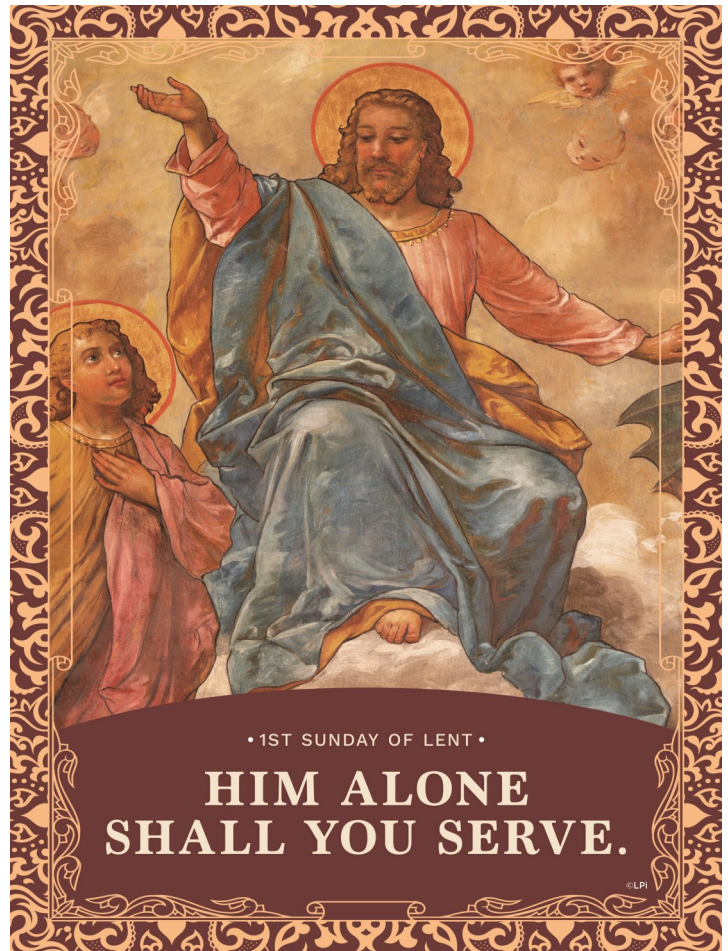
For the Sick

Irene Anderson, Katie Bader, Kathy Burns, Josephine Crosby, John Crowley, Kathy d'Alelio, Conor Doyle, Bill Foster, Marianne Haley, Amy Hobbs, George Hughes, Kathleen Johnson, Lauren Elizabeth Kasydar, Robert Koldys, Helen (Dolly) LaViolette, Thomas LaViolette, John Maskeny, Lois LeFebvre, Lou Osborn, Liz Post, Marcelina Respuesto, Diane Rispoli, Lisa Rhoads, Lewis Rhodes, Jean Reed Saylor, Fr. Spsychala, Jim Smith, Irene Symm, Nicole A. Tramonte, Donella Wright, Lilian Yetman

For Our Diocesan Priests

Mar 10	Rev. Edouard B. Guilloux
Mar 11	Rev. Andrew W. Haissig
Mar 12	Rev. Daniel F. Hanley
Mar 13	Very Rev. Edward C. Hathaway
Mar 14	Rev. Christopher H. Hayes
Mar 15	Rev. Andrew J. Heintz
Mar 16	Rev. John F. Heisler

† For the Deceased of St. Ambrose †



LENTE DISCIPLINES OF FASTING & ABSTINENCE



Catholics in good health ages 18 to 59 are required to fast and to abstain from meat on Ash Wednesday and Good Friday.

Fasting consists of eating only one meal, with the possibility of two smaller snacks that do not add up to a single full meal.

Catholics age 14 and older are to abstain from meat on all Fridays in Lent.



MEN'S LENTEN RETREAT

MARCH 15 | 9 AM - NOON
Reverend Michael Nugent
Church/Parish Hall

All men of the parish are welcome
Hosted by the Knights of Columbus



LENT 2025

CONFESSION

Wednesdays | 6:30 - 8 pm

Saturdays | 9:30 am, 3 - 4 pm

FIRST FRIDAY ADORATION

March 7 | 9:30 am - 7 pm

LENTEN SOUP SUPPERS

Fridays | 6 - 7 pm | School Gym

Dates/Hosts

- March 7 | Knights of Columbus
- March 14 | Religious Education
- March 21 | St. Ambrose School
- March 28 | St. Ambrose Adult Choir
- April 4 | Women of St. Ambrose
- April 11 | St. Ambrose Parish

EUCCHARISTIC ADORATION & CONFESSION

Wednesday Evenings

March 12, 19, 26, April 2, 9, 16 | 6:30 - 8 pm

- Reflection | 6:30 - 7 pm
One of the parish priests will share a reflection at the beginning of Adoration.
- Confession | 6:30 - 8 pm

STATIONS OF THE CROSS

Fridays | 2:15 pm & 7:30 pm

- March 7, 14, 21, 28, April 4, 11

FORTY HOURS DEVOTION

Thursday, April 3

- Adoration begins | Noon
- Solemn Vespers & Reflection | 7 pm
- Presenter: Father Leo Patalinghug
- Meet & Greet, Book Signing afterwards | Parish Hall

Friday, April 4

- Adoration continues

Saturday, April 5

- Benediction | 8:50 am
- Mass | 9 am



Mass and Healing Prayer Service is scheduled for Tuesday, March 25, 7:30 pm at Holy Spirit Catholic Church, 5121 Woodland Way, Annandale. Fr. John Melmer of St. John the Beloved Church of McLean will celebrate. Confessions will be available. This liturgy comes through the diocesan Catholic Healing Ministry. For more information, contact Grace Sims, 703-981-4620.

Stewardship Reflection

"I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me." - DEUTERONOMY 26:10 This line from the Old Testament offers two challenges. First, do you give to God from your "first fruits" - the first and best that you have to offer? Or do you give from what you have leftover? Second, do you realize that everything you have and that everything you are has been given to you by God? We aren't owners of anything, we are merely stewards of God's gifts. Pray for a grateful and generous heart, every day, in all circumstances.

Journey to the heart of Christ this Lent! Join the Diocese for A **Holy People: Living the Scriptural and Social Teaching of Our Faith**, a guided, in-person series that will enrich your Lent with prayer, Scripture, and the Church's rich social teaching. Five Tuesdays at 7:30 pm, March 11 through April 8. Cathedral of St. Thomas More, Burke Hall, 3901 Cathedral Lane, Arlington. Register at [HTTPS://BIT.LY/A-HOLY-PEOPLE](https://bit.ly/a-holy-people) or scan the QR code. Sponsored by the Office of Faith Formation, the Office of Youth, Campus and Young Adult Ministries, the Peace and Justice Commission and Catholic Charities.



"Love your enemies and do good to those who hate you." (Luke 6:27) Priests, religious brothers and sisters, and married couples are each called to live out a vocation rooted in love and forgiveness. Is God calling you to witness to His mercy and compassion through a religious vocation? Talk to your priest or reach out to the Vocation Office via email: vocations@arlingtondiocese.org or call (703) 841-2514.



Knights of Columbus®

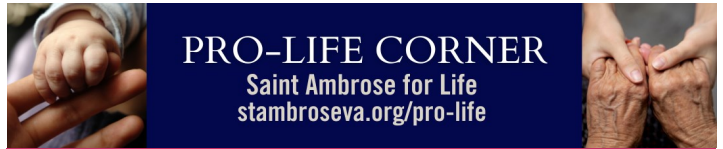
ST. AMBROSE COUNCIL 8403

Business Meeting | 2nd Tuesday | 7:30 pm
Social Meeting + Dinner | 4th Tuesday | 7 pm
Parish Library
ambrosecouncil.org | info@ambrosecouncil.org



WOMEN OF ST. AMBROSE

Second Fridays | 9:30 am | Parish Hall
stambroseva.org/WSA
WSA@stambroseva.org



PRO-LIFE CORNER

Saint Ambrose for Life
stambroseva.org/pro-life

Diaper Drive Weekend: April 5 & 6

St. Ambrose Parish supports & provides The MaRiH Center with basic supplies for moms & their babies. Collected at all Masses on the first weekend of each month, **critical needs are diapers (sizes 1, 4, 5, 6), wipes, winter baby clothes (newborn to 2T - 2T coats are a particular need.** To donate other items, please see stambroseva.org/pro-life or contact The MaRiH Center, 703-370-4774, marih.org.

Rosary for Life | Wednesdays | Noon - 1 pm

Help + Hope + Healing

visit stambroseva.org/pro-life for more resources

Gabriel Project
helpforpregnantwomen.org
703-841-3810
info@h4pw.org

**Diocese of Arlington
Catholic Charities**
703-841-3830
www.cdda.net

Project Rachel
helpafterabortion.org
703-841-2504
Info@helpafterabortion.org

Virginia Catholic Conference (VCC) Action Alerts | vacatholic.org



Saint Ambrose Men's Group

2nd & 4th Saturdays | 7 - 8:30 am | Parish Hall
March 22

- ◆ Coffee, conversation & faith formation
- ◆ Featuring the Scott Hahn video series *The Bible and the Church Fathers*
- ◆ Join our group chat for details

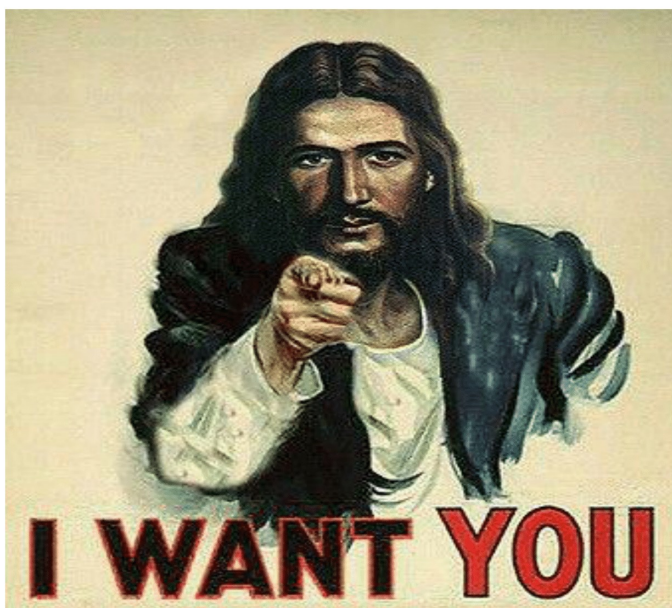



**ST. PATRICK'S DAY
PANCAKE BREAKFAST**

Sunday | March 16
8 - 11:30 am
School Gym

Hosted by
St. Ambrose Council

Pre-sale online at <https://kofc-council-8403.square.site>

Jesus is looking for a few good men...

Young men in grades 4–12 are invited to train as altar servers to assist regularly at Sunday Masses.

Attendance at **one** of the upcoming training sessions is required for all new servers. Sign-up with the QR code below to reserve a slot.

Training Session Dates (*slots are limited!*):

- March 29 | 11 AM
- May 10 | 11 AM
- May 31 | 11 AM



Email Fr. Nugent
with any questions:
frnugent@stambroseschool.org